

DESIGN OF DRUG
DELIVERY SYSTEM USING
GRAPHENE QUANTUM
DOTS

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WE HEREBY RECOMMEND THAT THE THESIS PREPARED UNDER OUR SUPERVISIONS BY **IPSITA DEY** ENTITLED **DESIGN OF DRUG DELIVERY SYSTEM USING GRAPHENE QUANTUM DOTS** BE ACCEPTED IN THE PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE DEGREE OF MASTER OF TECHNOLOGY IN LASER TECHNOLOGY DURING THE ACADEMIC SESSION 2022-2023.

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This thesis work is dedicated to:

My beloved parents Mr. Dilip Kumar Dey & Mrs. Rinku Dey,

My supervisors & Science & Technology.

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Chapter 1

General Introduction

1.1 INTRODUCTION

The increased advancement in nano sciences in recent years has led to fascinating innovations, there has been vast progress in research and applications in the field of nanoscience and nanotechnology. The outcomes in these disciplines are materials known as Nano-particles (NPs). NPs include fullerenes, bucky-balls, carbon tubes, liposomes, nano shells, dendrimers, quantum dots (QDs), superparamagnetic NPs, gold, and silver NPs.[1] Quantum dots (QDs), nanoparticles for drugs, can help realize the targeting of drugs, and improve the bioavailability of drugs in biological fields. And, a QD nano-carrier system for drugs has the potential to realize early detection, monitoring, and localized treatments of specific disease sites. In addition, QD nano-carrier systems for drugs can improve stability of drugs, lengthen circulation time in vivo, enhance targeted absorption, and improve the distribution and metabolism process of drugs in organization. So, the development of QD nano-carriers for drugs has become a hotspot in the fields of nano-drug research in recent years. In this paper, we review the advantages and applications of the QD Nano-carriers for drugs in biological fields.[2]

1.2 DRUG DELIVERY SYSTEMS

Drugs and various therapeutic agents are administered to treat specific diseases and disorders with the goal of achieving desired pharmacological effects with minimum side effects. The application of a controlled drug delivery system is a central strategy to enhance the therapeutic efficacy and safety of therapeutic molecules. The primary rationale of using a suitable drug delivery system is its ability to ensure a higher and longer duration of drug bioavailability and thereby enhanced therapeutic efficacy. Various materials with different structural forms are conjugated with drugs to prepare Nano drug delivery systems. Considering recent approaches, most commonly used drug delivery vehicles include nanoparticles (e.g., polymeric, ceramic, and metallic), liposomes, micelles, and dendrimers, etc. A substantial number of preclinical and clinical studies suggest their suitability for the treatment of various diseases. The number of materials for use in drug delivery applications is rapidly increasing, and such materials have shown great diagnostic and therapeutic potential [3]. Although liposomes have been used as potential carriers with unique advantages, including the protection of drugs from degradation, targeting and reduction of toxicity or side effects, their uses are limited due to inherent problems such as poor

encapsulation efficiency, rapid leakage of the water-soluble drug in the presence of blood components and poor storage stability. On the other hand, polymeric nanoparticles offer certain specific advantages over liposomes. For example, they help increase drug/protein stability and have useful controlled release properties [4].

1.2.1 NECESSITY FOR NANOPARTICLE-BASED DRUG FORMULATIONS

Compared with conventional drug carriers, nanoparticles for drugs have many advantages, such as smaller size, larger specific surface area, higher and more reactivity activity center, stronger adsorption capacity and other characteristics[5]. One is that the traditional drugs currently available for oral or injectable administration are not always manufactured as the optimal formulation for each product. Products containing proteins or nucleic acids need a more innovative type of support system to improve their efficiency and protect them from unwanted degradation. It should be noted that the effectiveness of most drug delivery systems is directly related to the size of the particles (excluding intravenous and solution). Particles >200 nm are not heavily pursued and nanomedicine often refers to devices <200 nm (i.e., the width of micro capillaries). Typically, the drug of interest is dissolved, entrapped, adsorbed, attached and/or encapsulated into or onto a nano-matrix. Depending on the method of preparation nanoparticles, nano spheres, or nano capsules can be constructed to possess different properties and release characteristics for the best delivery or encapsulation of the therapeutic agent.[6] Due to their small size and large surface area, drug nanoparticles have increased solubility and thereby improved bioavailability, additional ability to cross the blood-brain barrier (BBB), enter the lung system, and be absorbed by the close connections of the endothelial cells of the skin. Nanoparticles made from natural and synthetic polymers (biodegradable and non-biodegradable) have received more attention as they can be adapted for targeted drug delivery, improving bioavailability and providing controlled drug delivery of a single dose; by adaptation, the system can appear endogenously enzymes to break down the drug.

Second, the development of new drug delivery systems offers another benefit to pharmaceutical industries. Innovative drug delivery is pushing pharmaceutical companies to develop new formulations of existing drugs. While these new formulations are beneficial to patients, they will also create powerful market power, which will encourage the development of even more effective delivery methods. Besides, companies will not only thrive to develop new formulations for their own "intellectual property", but will also be motivated by the expiration of patents. The advantage of pharmaceutical companies taking advantage of this new technology is that nanotechnology is reviving these medicines, which were previously considered non-marketable due to their low solubility and bioavailability, their high toxicity,

and their apparent side effects. Finally, we would like to highlight a very recent article by Professor Robert Langer's group, at the Massachusetts Institute of Technology, with an updated study of the types of polymer systems used in drug administration.[7]

1.2.2 REQUIREMENTS FOR DRUG-DELIVERY VEHICLES

Contrasted and regular medication transporters, Nano-transporters for drugs enjoy many benefits, for example, more modest size, bigger explicit surface region, higher and greater reactivity movement focus, more grounded adsorption limit and other characteristics.[8] The fundamental reason for an organization vehicle is to keep the centralization of the medication inside the restriction of the base inhibitor fixation and helpful cut-off in the circulation system for a significant time frame, rather than burst discharge on account of unadulterated medications that frequently surpass the remedial window limit. While current chemotherapy has been fruitful somewhat, the significant downsides of chemotherapy are the undesirable aftereffects, low remedial files, high portion prerequisites, low bioavailability, advancement of multi-drug opposition, and vague focusing on. In-organic transporters, polymers, lipids, proteins, hydrogels, and macromolecular platforms in their different structures, for example, 1D, 2D, mesopore, liposome, micelle, dendrimer, and 3D organizations. Controlled drug conveyance frameworks are being created to beat the disadvantages of regular medication conveyance frameworks by conveying the medication in a controlled way at a characterized rate in light of upgrades or over the long run, lessening the convergence of the medication in the blood and the opposite secondary effects that improve, entomb alia, bioavailability, solvency and covering smells [9]. The nanoparticles as transporters can adjust the first medication to upgrade water-dissolvability or get designated and supported discharge capability, accordingly improve the viability of anticancer and lessen symptoms of medications.

1.2.3 APPLICATIONS AND ADVANTAGES OF NANOPARTICLE DRUG CARRIERS

Nanomedicine is the part of medication that utilizes the study of nanotechnology to preclude and fix different illnesses with nanoscale materials, for example, biocompatible nanoparticles and nanorobots, for various applications, including conclusion, labor, tangible or for enactment purposes in a living organic entity. Extremely low solvency drugs have an assortment of biopharmaceutical conveyance issues, including bioavailability after oral admission, less dispersion limit in the outside film requires greater amount for intravenous admission and undesired results before the customarily planned immunization process.

Notwithstanding, these restrictions can be overwhelmed by the utilization of Nano technological approaches in the medication conveyance system. Nanoscale drug configuration has been widely considered and is by a long shot the most trend setting innovation in nanoparticle applications because of its possible advantages, for example, the capacity to change properties, for example, dissolvability, discharge profiles, diffusivity, bioavailability, and immunogenicity. Subsequently, this might prompt the improvement and advancement of simple courses of organization, lower poisonousness, less aftereffects, further developed biodistribution, and expanded life pattern of medications. The medication conveyance frameworks intended to focus on a specific area or are planned for the controlled conveyance of remedial specialists to a particular area. Their preparation remembers self-gathering for which obvious designs or examples are suddenly framed from building blocks. Moreover, they should beat hindrances like opsonization/sequestration by the mononuclear phagocyte framework. There are two manners by which nanostructures convey drugs: inactive and self-discharge. In the principal case, drugs are mostly retained into the internal cavity of the design by means of the hydrophobic impact. When the nanostructured materials are designated at a specific area, the expected measure of the medication is delivered because of the low medication content typified in a hydrophobic climate. On the other hand, in the last option case, the medications planned for conveyance are straightforwardly formed to the transporter nanostructured material for simple conveyance. In this Polymeric nanoparticle produced using normal and engineered polymers have gotten most of consideration because of their dependability and simplicity of surface adjustment. They can be tailor-made to accomplish both controlled drug delivery and illness explicit restriction by tuning the polymer attributes and surface science. It has been demonstrated that nanocarriers can become focused especially to growths, fiery locales, and at antigen testing destinations by temperance of the upgraded penetrability and maintenance (EPR) impact of the vasculature. Once collected at the objective site, hydrophobic biodegradable polymeric nanoparticles can go about as a neighbourhood drug warehouse contingent upon the make-up of the transporter, giving a source to a consistent inventory of epitomized helpful compound(s) at the illness site, e.g., strong growths. These frameworks overall can be utilized to give designated (cell or tissue) conveyance of medications, further develop bioavailability, support arrival of medications or solubilize drugs for foundational conveyance. This interaction can be adjusted to safeguard restorative specialists against enzymatic corruption (i.e., nucleases and proteases). Thus, the upsides of utilizing nanoparticles for drug conveyance are a consequence of two principal essential properties: little size and utilization of biodegradable materials. Nanoparticles, due to their little size, can extravasate through the endothelium in fiery destinations, epithelium (e.g., digestive system and liver), growths, or enter microcapillaries. As a rule, the nano size of these particles considers productive take-up by an assortment of cell types and specific medication gathering at target locales. Many examinations have shown that nanoparticles have various benefits over microparticles ($>1\text{ }\mu\text{m}$) as a medication conveyance framework. Nanoparticles enjoy one more upper hand over bigger microparticles in light of the fact that they are more qualified for intravenous

conveyance. The littlest vessels in the body are 5-6 μm in breadth. The size of particles being disseminated into the circulation system should be essentially more modest than 5 μm , without shaping totals, to guarantee that the particles don't cause an embolism. The utilization of nanoparticles for remedial and analytic purposes, as well as the advancement of medication conveyance, is significant and truly necessary. Like the customary medications right now accessible for oral or injectable organization, they are not generally fabricated as the ideal detailing for each item. Items need a more imaginative kind of emotionally supportive network to work on their viability and safeguard them from undesirable corruption. The viability of most medication conveyance frameworks is straightforwardly connected with the molecule size. Because of their little size and huge surface region, nanoparticles show expanded dissolvability and consequently further developed bioavailability, extra capacity to cross the blood-cerebrum hindrance (BBB), enter the lung framework, and be consumed by the hubs of the endothelial cells of the skin. Their fundamental capabilities are to build the centralization of the medication in target tissues and to decrease foundational aftereffects by balancing the pharmacokinetics and natural conveyance of the medication. Nanoparticles produced using regular and engineered polymers stand out enough to be noticed in light of the fact that they are versatile designated drug conveyance, further developed bioavailability, and controlled arrival of single-portion drugs; by transformation, the framework can show up endogenously the chemicals separate the medication. Second, the advancement of new medication conveyance frameworks offers one more benefit for drug deals workplaces. Inventive medication circulation urges drug organizations to foster new plans of existing medications. While these new plans will help patients, they will likewise make a strong specialist market power, which has prompted the improvement of considerably more productive conveyance techniques [5].

1.2.4 NANO-SIZED DRUG-DELIVERY VEHICLES TO OVERCOME THE CHALLENGES

Nanomedicine is a quickly creating field that is upsetting malignant growth determination and treatment. Nanoparticles with a size somewhere in the range of 1 and 100 nm and a huge surface to volume proportion have remarkable natural properties that empower them to tie, retain, and transport hostile to malignant growth specialists, like prescriptions, proteins. DNA and RNA, as well as profoundly productive imaging arbiters. Among inorganic Nano-carriers, quantum spots, carbon nanotubes (NTC), bilayer hydroxides (LDH), mesoporous silica, and attractive nanoparticles are in many cases utilized in disease treatment in various ways. Quantum specks (0-D), typically under 10 nm in breadth, have become malignant growth recognition specialists with tuneable photoluminescence, light sign, and photo bleaching opposition. For instance, tocopherol poly (ethylene glycol) succinate typified theranostic

liposomes as quantum dabs is being created both for malignant growth tissue imaging and for the end goal of focusing on. Multipurpose Nano-carriers made out of quantum dabs of paramagnetic graphene, folic corrosive, and anticancer specialists can be utilized as transport vehicles, focusing on ligands and chemotherapeutic specialists simultaneously for a designated drug conveyance vehicle, determination and chemotherapy directed by diseases however their hydrophobic nature, the inclination to total and vague adsorption of quantum spots might restrict their utilization. CNTs (1-D) are known for their close infrared photo thermal removal and are utilized for treatment by expanding internal heat level by applying light. Functionalized CNTs can likewise be utilized for the conveyance of qualities and prescriptions, for example, they can proficiently ship naturally dynamic atoms into the cell cytoplasm without harmful impacts or by guideline biodegradation of the network polymer for supported arrival of the medication. Against malignant growth medications can be consolidated. Functionalized CNTs that can then be separated into a cell under reasonable pH or enzymatic circumstances. CNTs convey peptide antigens to dendritic cells and upgrade IgG reactions to growth related antigens. LDH (2-D) has gotten a lot of consideration as vans because of their anion trade limit, drug stacking and security proficiency, biocompatibility, simple planning, minimal expense, and powerful penetration in cell films. Exchangeable LDH anions are utilized to charge anionic medications and bio functional materials like peptides, proteins, or hereditary atoms to shield them from the enzymatic climate of the blood tracked down in the display of stable inorganic layers. In this way, LDH can put a few significant anionic particles, like DNA, siRNA, nucleotides, proteins, and hostile to disease drugs, between the cells. LDH intercalation with raloxifene has been managed over an extensive stretch and is powerful in treating bosom disease without secondary effects on the crucial organs. The effective conveyance of bound space qualities in LDH has shown superior cell grip and transfection, trailed by the development of apoptotic proteins for disease cell obliteration. Emphatically charged and drug-stacked LDHs can infiltrate adversely charged cell films through the clathrinid-interceded endocytosis pathway against dismissal between comparative charges in the case of the unadulterated medication and the phone layer, prompting less bioavailability. The photodynamic impact of functionalized fullerene creates responsive oxygen species for disease treatment. The mesoporous silica nanoparticles (MSN) with their huge explicit surface region and their pore volume, their controllable molecule size, and their actual envelope to secure and have the medications, show controlled arrival of the medication from the restricted space. The energy of MSN with a flexible pore size can convey designated enemy of growth drugs, delivering the medication on solicitation to further develop cell retention when and when required while changing the nearby climate with next to no untimely delivery. For instance, mesoporous nano backing of silicon dioxide with synthetically removable cadmium sulphide (CdS) nanoparticle covers is intended for the controlled delivery, in light of boosts, of synapses and medication atoms. SIDS is viewed as a promising material for dynamic and detached designated conveyance frameworks and can collect in growth locales because of its better penetration and maintenance impact and consequently fundamentally influence cell retention, bio-distribution, and pharmacokinetics

in general. Colloidal and lipid calcium phosphate nanoparticles can supply the lymph with prescriptions and qualities hub. PEGylated calcium phosphate mixture micelles increment siRNA gathering in growth tissue and advance their quality hushing and photodynamic action. Superparamagnetic iron oxide nanoparticles, a mix of Fe_3O_4 and $\gamma\text{-Fe}_2\text{O}_3$, stand out enough to be noticed to chemotherapy, hypothermia, tissue focusing on, and transfection because of their intrinsic attraction that permits focusing on destinations through the use of an outer attractive field [5].

1.2.5 FUNDAMENTALS OF NANOTECHNOLOGY-BASED TECHNIQUES IN DESIGNING OF DRUG

Nanomedicine is the part of medication that utilizes the study of nanotechnology to preclude and fix different sicknesses with nanoscale materials, for example, biocompatible nanoparticles and nano robots, for various applications, including determination, labor, tangible or for enactment purposes in a living organic entity. Exceptionally low dissolvability drugs have an assortment of biopharmaceutical conveyance issues, including bioavailability after oral admission, less dispersion limit in the outer film requires greater amount for intravenous admission and undesired outcomes before the customarily figured out immunization process. In any case, these restrictions can be overwhelmed by the use of nanotechnological approaches in the medication conveyance component. Nanoscale drug configuration has been widely considered and is by a long shot the most trend setting innovation in nanoparticle applications because of its possible advantages, for example, the capacity to change properties, for example, dissolvability, discharge profiles, diffusivity, bioavailability, and immunogenicity. Hence, this might prompt the improvement and advancement of simple courses of organization, lower harmfulness, less incidental effects, further developed bio-distribution, and broadened life pattern of medications. The medication conveyance frameworks intended to focus on a specific area or are planned for the controlled conveyance of restorative specialists to a particular area. Their preparation remembers self-gathering for which obvious designs or examples are immediately shaped from building blocks. Additionally, they should conquer obstructions like opsonisation/sequestration by the mononuclear phagocyte framework. There are two manners by which nanostructures convey drugs: aloof and self-discharge. In the principal case, drugs are essentially assimilated into the internal cavity of the design by means of the hydrophobic impact. When the nanostructured materials are focused on at a specific area, the expected measure of the medication is delivered because of the low medication content embodied in a hydrophobic climate. On the other hand, in the last option case, the medications planned for conveyance are straightforwardly formed to the transporter nanostructured material for simple conveyance. In this methodology, the planning of the delivery is urgent in light of the fact that the medication won't arrive at the objective site and separate from the transporter rapidly, and alternately, its bioactivity and viability will diminish

whenever set free from the nano-carrier framework at the proper time. Drug focusing on is another significant viewpoint that involves nanomaterials or Nano definitions as medication conveyance frameworks and is delegated dynamic and detached. Latent focusing on, gatherings, like antibodies and peptides, are connected to a medication conveyance framework to secure them to the receptor structures communicated at the objective site. In detached focusing on, the pre-arranged drug transporter complex courses through the circulatory system and is headed to the objective site by partiality or restricting, impacted by properties like pH, temperature, sub-atomic size, and shape. The principal focuses in the body are the receptors on cell films, cell layer lipid parts, and antigens or proteins on the cell surfaces. As of now, most nanotechnology-interceded drug conveyance frameworks centre around malignant growth sickness and its fix. Drug plan and medication conveyance interaction and instrument [6].

1.2.6 CHARACTERISTICS OF NANOPARTICLE DRUG FORMULATIONS

The properties of NPs impact their way of behaving in vivo. Specifically, morphological properties, for example, shape and size can impact the course and focusing of NPs in the body. These properties are additionally answerable for varieties in NPs corruption rate and medication discharge energy. The shape and size of NPs are likewise answerable for explicit cell flagging. The surface properties of NPs and the presence/nonattendance of focusing on ligands can likewise impact the way of behaving of NPs in a natural framework. Since these NPs properties are some ways or another connected, it is challenging to figure out which one will make a specific natural difference. Additionally, minor varieties in only one of these properties might consider gigantic changes in the presentation of different NPs [7]. Prior to characterizing precisely exact thing an ideal nanoparticle drug conveyance framework is, you want to comprehend how the body oversees exogenous particles. Nanoparticles can enter the human body through three principal courses: direct infusion, inward breath, and oral admission. When they enter the foundational dissemination, the communication among particles and protein is the principal peculiarity to happen before dispersion in an alternate organ. The take-up of blood vessels permits the lymphatic framework to additionally disseminate and eliminate particles. This framework has three fundamental capabilities, two of which connect with the organization of drugs. The first, liquid recuperation, includes the filtration of liquids through the veins through the lymphatic framework. The second incorporates invulnerability and perhaps generally pertinent to this subject. Since the framework gathers abundance dampness, it additionally gathers unfamiliar cells and synthetics from the tissues. While liquids are sifted through the blood, the lymph hubs identify any passing unfamiliar body. On the off chance that something is perceived as unfamiliar, macrophages will eat it up and eradicate it from the body. This generally clashes with the organization of nanoparticle-based drugs; be that as it may, the leeway might be

impacted by the size and surface properties of the particles, which will be created in the accompanying subsections.

1.2.6.1 Size of the particle

The shape and size of nanoparticles impact how cells in the body "see" them and in this way direct their appropriation, harmfulness, and focusing on capacity. In particular, nanoparticles can go through the BBB, considering longer medication conveyance for the already hard-to-treat illness. Conceivable to accomplish new objectives, yet this procedure can be controlled to control drug circulation. Nanoparticles of 100 nm have been accounted for to have a retention 2.5 times more prominent than that of particles with a breadth of 1 μ m and an ingestion multiple times more noteworthy than 10 Particles 1 μ m. The significance of nanoparticle drug conveyance frameworks has been talked about; however, these frameworks would be of no utilization in the event that the medication were not delivered or actually delivered. As the size of the particles diminishes, their surface to volume proportion increments. This would imply that a bigger piece of the medication is nearer to the outer layer of the molecule than a bigger particle. Being on or close to the surface would bring about quicker drug conveyance. It would be helpful to make nanoparticle frameworks with an enormous surface to volume proportion; notwithstanding, poisonousness ought to continuously be observed. As referenced before, the size of the nanoparticle decides organic destiny. Remember that the vascular and lymphatic frameworks are answerable for separating and eliminating unfamiliar substances and synthetics. This is one more variable to be incorporated into the ideal nanoparticle framework. Particles of 200 nm or more will generally enact the lymphatic framework and are taken out from the course quicker. Hence, from the assessment and conversation of the writing up until this point, obviously the ideal size for a nanoparticle is around 100 nm. At this size, the molecule could go through the BBB, an adequate measure of medication discharge because of the great surface region to volume proportion and the evasion of prompt freedom by the lymphatic framework.

1.2.6.2 Surface Properties

It has been noticed what size can mean for the presentation of nano-particle based drug details; be that as it may, control of surface highlights is one more chance to produce the best framework. To make an ideal conveyance framework for nanoparticles, the consolidation of suitable directional ligands, surface arch, and reactivity is significant for conglomeration, dependability and restricting to receptors and the ensuing pharmacological impacts of prescription First, the end of nano systems should be tended to. Since nanoparticles can be perceived by the lymphatic framework, they are dependent upon the body's regular safe reaction to unfamiliar substances. The more hydrophobic a nanoparticle, the more probable it is to be eliminated by a higher restricting of blood parts. Since hydrophobic nanoparticles can be handily eliminated, it appears to be intelligent to accept that making their surface hydrophilic would expand their dissemination time. Covering nanoparticles with polymers or surfactants or making copolymers like polyethylene glycol (PEG), opsonisation), polyethylene

oxide, polyethylene glycol (forestalls limitation of the liver and spleen), poloxamer, poloxamine and polysorbate 80 have demonstrated their value. Stake is a hydrophilic and moderately idle polymer that when integrated into the outer layer of nanoparticles, forestalls the limiting of plasma proteins (opsonisation) and consequently forestalls a huge loss of the given portion. PEGylated nanoparticles are frequently alluded to as "incognito" nanoparticles in light of the fact that they are not recognized by the reticuloendothelial framework (RES) without opsonisation. By making polymer buildings, the clearing issues have been tackled, however total is as yet an issue for little particles due to the huge surface region. Nanoparticles, for example, dendrimers, quantum spots, and micelles are especially defenceless to accumulation. A few methodologies have been utilized to forestall conglomeration and to require a covering of the particles with styling specialists and to change zeta potential (surface charges). As a general rule, these strategies and speculations can be summarized in one thought: the molecule size ought to be sufficiently enormous to forestall spillage into the blood vessels, however not excessively huge to become delicate to macrophage leeway. By controlling the region, the level of conglomeration and leeway can be controlled [4]. Individual surface properties, like hydrophobicity and surface charge, have been utilized to portray NP. Hydrophobicity is vital on the grounds that it impacts the freedom of NPs in the body through the activity of SER. For sure, a reduction in hydrophobicity prompts a lessening in vague co operations with proteins. Subsequently, phagocytosis by macrophages diminishes. The electrical surface capability of NPs, likewise called zeta potential, is the capability of a molecule or atom because of its charge in a given medium and will in general total particles. As the outright worth of this electrical potential at the surface expands, the shock between NPs increments. The decidedly charged NPs are more assimilated in a vague way than their impartial or adversely charged counter parts. Comparable ends have been accounted for explicitly for the retention of dendritic cells and macrophages. Notwithstanding the heap reliance, the propensity to incorporate likewise relies upon the cell [7].

1.2.6.3 Polydispersity index (PDI)

Notwithstanding size, the polydispersity file (PDI) of NP suspensions is significant. This file gives data about the size of POIs present in a specific suspension. On a fundamental level, the suspension contains particles of progressively various sizes as the worth of the PDI increments. The PDI of NPs, notwithstanding the size of NPs, is a vital boundary on the grounds that the presence of a poly-disperse suspension can prompt unforeseen varieties in the way of behaving of NPs [8].

1.2.6.4 Shape of particles

Late reports recommend a significant job of molecule shape (circle, ring, plate) in the flow of NPs, appropriation in the body, cell assimilation, and general way of behaving in vivo. The structure in the vehicle of NPs in the human body has previously been assessed in a few works. While round particles move unreservedly, particles of sporadic calculation have a lot higher possibility of arrangement or shifting in the parts of the vessels or channel bodies. For a round

molecule to go through the spleen, it should have a width of under 200 nm. However, on the off chance that it is a plate shape with a measurement of around 7 μm and a level of 150 nm, it can go through this organ. Likewise, Nano spheres and Nano cylinders have previously been demonstrated to be assimilated quicker in vitro than longer fibres. The course time after intravenous infusion likewise relies upon the shape. Round and barrel shaped NPs were analysed after intravenous infusion in mice, and the outcomes demonstrated the way that the chambers could remain in circulation longer⁵¹. The associations of egg whites present in the blood with gold NPs additionally rely upon the state of NPs. Cubic gold NPs can deliver more grounded unfurling outcomes in egg whites than their circular partners. Late examinations have additionally shown that particles with an indistinguishable compound structure yet various shapes have various cytotoxicity: nanowires are more poisonous than circular NPs. A new survey looks at the impact of non-circular NP in the organization of an enemy of cancer drug [7].

1.2.6.5 Drug loading and release

The size and surface properties of nanoparticles have been contemplated to improve the bioavailability, lessen freedom, and increment dependability. By dominating these attributes, it is feasible to pass the medication to beforehand out of reach body tissues. Nonetheless, this training has no significance in the event that the medication can't be set free from the nanoparticle grid. Drug discharge from the nanoparticle plan is reliant upon different elements including pH, temperature, drug solvency, desorption of surface-bound or adsorbed drug, drug discharge through the framework. Nanoparticles, the enlarging, and disintegration of the nanoparticle lattice and the blend of disintegration and dissemination processes. Contingent upon the kind of nanoparticle utilized, the arrival of the medication will be unique. The polymer nanoparticles arranged can be called Nano capsules or Nano spheres, contingent upon their synthesis. The Nano spheres are a homogeneous framework with the goal that the polymer chains are coordinated in micelle development (stage isolated from the mass arrangement) likewise to the surfactants. Despite the fact that Nano capsules are a heterogeneous framework, the medication is found in a repository made out of the polymer. With respect to Nano spheres, which are a lattice framework where the medication is truly and consistently conveyed, the medication is delivered through disintegration of the grid. There is a fast blast of medication discharge related with a medication feebly coupled to the nanoparticle's enormous surface region, trailed by supported discharge. Then again, when Nano capsules are utilized, the delivery is controlled by the dispersion of the medication through the polymer layer and hence the dissemination of the medication through this polymer is surely a deciding component in deliverability. Assuming there are ionic collaborations between the medication and the polymer, they will frame buildings that repress the arrival of the medication from the container. This can be forestalled by adding different added substances, like polyethylene oxide-propylene oxide (PEO-PPO). This will lessen the associations between the medication and the case lattice, which will permit more noteworthy medication conveyance into target tissues [4]. Drug Loading and Release: Drug

conveyance from the nanoparticle plan relies upon many variables including pH, temperature, drug solvency, desorption of surface-bound or adsorbed drug, dispersion of the medication through the nanoparticle grid, enlarging and disintegration of the nanoparticle lattice and the mix of the disintegration and dissemination processes. Contingent upon the sort of nanoparticle utilized, the arrival of the medication will be unique. The polymeric nanoparticles arranged are of two sorts, for example Nano capsules or Nano spheres, contingent upon their arrangement. Nano spheres are a homogeneous framework wherein the polymer chains coordinate likewise to the development of micelles in surfactants. In the Nano spheres, the medication is dispersed truly and consistently and delivered by disintegration of the network. There is a fast blast of medication discharge related with the medication feebly connected with the huge surface region of the nanoparticle followed by supported discharge. While Nano capsules are a heterogeneous framework, wherein the medication is contained in a repository of the polymer (like a vesicle). In Nano capsules, the delivery constrained by the dissemination of the medication through the polymer layer, and subsequently the dispersion of the medication through this polymer is unquestionably a deciding variable in deliverability. Assuming there are ionic collaborations between the medication and the polymer, they will frame edifices that restrain the arrival of the medication from the case. This can be forestalled by adding different added substances, like polyethylene oxide propylene oxide (PEO-PPO). This lessens communications between the medication and the container network, which permits the medication to be delivered into the objective tissues better [5].

1.2.7 NANOPARTICLE MEDIATED DRUG DELIVERY SYSTEM

Nanoparticles are characterized as molecule scatterings or strong particles with a size somewhere in the range of 10 and 1000 nm. The medication is disintegrated, caught, epitomized, or connected to a nanoparticle framework. Contingent upon the technique for planning, nanoparticles, Nano spheres or Nano capsules can be gotten. Nano capsules are frameworks in which the medication is bound in a cavity encompassed by a solitary polymer film, while Nano spheres are grid frameworks in which the medication is genuinely and consistently dispersed. Lately, biodegradable polymeric nanoparticles, especially those covered with a hydrophilic polymer, for example, poly (ethylene glycol) (PEG), known as lengthy coursing particles, have been utilized as potential medication conveyance specialists in view of their capacity to flow for a more drawn-out time frame. Focus on a specific organ, as transporters of DNA in quality treatment, and their capacity to give proteins, peptides, and qualities. The justification for why nanoparticles (NP) are alluring for such objects depends on their significant and one-of-a-kind elements, like their surface region/mass proportion, which is a lot more noteworthy than that of different particles and materials, which likewise permits the advancement of synergist responses. Then, at that point, their capacity to adsorb and move other compounds [3].

1.2.8 NANO BASED DRUG DELIVERY SYSTEM

Preferably, the Nano particulate drug conveyance framework ought to specifically aggregate in the necessary organ or tissue while entering objective cells to convey the bioactive specialist. It has been recommended that organ or tissue gathering might be accomplished by latent dynamic focusing on or intervened by antibodies while intracellular conveyance might be interceded by specific ligands or by peptides that infiltrate the phones. Hence, a medication conveyance framework (DDS) should be multifunctional and can empower and debilitate specific capabilities if fundamental. One more significant necessity is that the various properties of the multifunctional DDS are ideally organized. In this way, in the event that the framework is to be worked, for instance, it can offer the blend of a long life permitting objective collection and explicit restricting of the cell surface, permitting two the necessities should be met; the half-existence of the flowing transporter should be sufficiently long and second, the assimilation of DDS by target cells ought to continue quickly to the point of forestalling the breakdown of the transporter and loss of prescription in the interstitial space. One of the serious issues in drug conveyance is the intracellular vehicle of bio dynamic atoms. Nano particulate DDS, like liposomes and micelles, are in many cases utilized compelling organization and focusing of medications and DNA. Not very many effective endeavours so far were made to convey different medication transporters straightforwardly into the cell cytoplasm, bypassing them the endocytic pathway, to likewise safeguard medications and DNA from lysosomal breakdown further develop drug viability and DNA take-up into the cell genome. In the multifunctional DDS, it is proposed that the turn of events of a DDS is inherent so that during the principal conveyance stage there is a vague cell entrance capability security by unambiguous organ/tissue conveyance is conceivable. During the gathering in the objective, defensive polymer or neutralizer connected to the outer layer of the DDS through the stimulatory restricting should disconnect affected by nearby obsessive circumstances, for example permit strange pH or temperature and uncover the second recently stowed away capability for the resulting conveyance of the carrier and his freight into the cells. Albeit this DDS ought to be steady for quite a while in the blood to permit compelling objective collection very quickly lose the defensive layer inside the objective for fast assimilation limiting the washing of the delivered medication or DNA. Intracellular the traffic, conveyance, and destiny of the transporter and its freight might be also constrained by its charge and its piece, which can prompt the atomic compartment or other cellular organelles [9]. As of late, there have been huge improvements in conveyance frameworks for conveying restorative specialists or normally based dynamic mixtures at the objective site for the handling of different food sources. There have been some fruitful medication conveyance frameworks as of late, yet there are still difficulties to be survived and trend setting innovation to be produced for effective medication conveyance on the objective destinations. In this way, nano-based drug

conveyance frameworks are being concentrated on that will work with the high-level medication conveyance framework [1].

1.2.9 THE LIMITATIONS OF USING NANOPARTICLES AS A DRUG DELIVERY SYSTEM

Regardless of these benefits, nanoparticles have limits. For instance, their little size and huge surface region can prompt molecule and molecule accumulation, making actual control of nanoparticles in the fluid and dry structure more troublesome. Furthermore, the little molecule size and huge surface region effectively bring about restricted drug stacking and burst conveyance. These common sense issues should be addressed before the nanoparticles can be utilized clinically or monetarily. This survey depicts the most recent advances in nanoparticle drug conveyance frameworks, surface adjustment issues, drug stacking procedures, discharge control, and potential nanoparticle applications [3].

1.2.10 METALLIC AND QDS FOR DRUG DELIVERY CARRIER

Nanoscale DDSs decrease drug incidental effects, balance drug conveyance qualities, further develop drug dissolvability, target drug particles at wanted destinations, and diminish drug poisonousness. Various kinds of nanoparticles like dendrimers, carbon nanotubes, superparamagnetic, liposomes, nano shells, polymer-based, and inorganic have been utilized for the designated conveyance of organically dynamic specialists in living frameworks. The various sorts of nanomaterials, metallic nanoparticles, including gold, silver nanoparticles, and carbon allotropes, including carbon quantum specks, graphene, carbon nanotubes, and fullerenes, have drawn in a great deal of interest. for use in clinical science and biotechnology, because of their one-of-a-kind designs and properties, low poisonousness, and prevalent biocompatibility [12]. As of late, the use of nanotechnology as another strategy for conclusion, checking, and the mending of sicknesses has gotten consideration in the biomedical field. Nanomaterials, with various sizes widths from 1 to 1000 nm have a few special properties that are altogether different from those saw with fine particles or mass materials. They have the potential for the overwhelming majority biomedical applications, in light of their enormous surface region, their high surface action, serious areas of strength for them property, their great biocompatibility, and their reasonableness for control at the sub-atomic level. Presently utilized nanomaterials utilized in biomedical applications incorporate liposomes, polymeric micelles, graphene, carbon nanotubes, quantum dabs, attractive nanoparticles, metal nanoparticles, and so on. Their utilization has been displayed to further develop helpful outcomes altogether.

1.2.11 GOLD AS DRUG DELIVERY CARRIERS

Among the different nanomaterials portrayed over, the biomedical utilization of metal nanoparticles, gold nanoparticles (Au NPs) specifically has crested on the grounds that they offer clear advantages. In the first place, we can undoubtedly combine various types of NP Au with sizes going from 1 nm to more at 100 nm, for example, circular, bar moulded, confine moulded, and so on. Optical and electrical properties NP Au is profoundly reliant upon its shape and size. Second, due to the presence of a charge on NP Au, they can be effectively functionalized by a wide range of biomolecules, like meds, qualities, and designated ligands. Third, Au NPs are biocompatible and non-poisonous. Fourth, Au NPs make a particular surface difference, a minuscule size, a perceptible quantum burrow impact, and the presence of surface Plasmon reverberation groups (SPR). This large number of unique properties have made NP Au the most possible material for different biomedical applications, including bio-sensing, sub-atomic imaging, drug transporters, and so on. Itemized data on key parts of the arrangement and utilization of NP Au in bio-sensing has been distributed somewhere else. Perhaps of the greatest test in designing designated enemy of growth conveyance situation is fostering the right help apparatuses. Nanoscience and nanotechnology, as arising areas of current advancement, consider whimsical and momentous answers for foster such customized, versatile and modified help stages. Up until this point, interest in getting dissemination frameworks that can give reasonable and designated conveyance of medications has expanded fundamentally, so there is an arms stockpile of nanotechnology based upholds created and effectively detailed for such provocative applications. Metal nano systems specifically stand out in this specific examination region on account of their size-subordinate properties and conduct, which they enthusiastically suggest as steady and reasonable devices for designated, controlled, and supported arrival of medications. Among the effectively evolved and explored metal nanoparticles, gold nanoparticles (Au NPs) are being examined for different biomedical applications connected with nanotechnologies, considering their non-harmfulness and their exceptional optical, physicochemical, and biological properties. Au NPs are viewed as one of the most pragmatic emotionally supportive networks, given their better biocompatibility, solidness, and oxidation opposition. Consequently, colloidal gold applies to different fields of exploration connected with the clinical field, including bio-sensing and natural recognition, catalysis and bioelectronics, drug vectors and macromolecular vectors, bio-imaging, and photo-hyperthermia. Given the tremendous capability of colloidal nano gold in current biomedical subjects, this audit plans to give a top to bottom comprehension of the different late techniques and patterns associated with the decrease of gold (III) subsidiaries to gold colloids [13]. The justification for

designated drug conveyance is to create a framework that can convey drugs at a rate exactly custom fitted to the organic necessities of the body with high explicitness and effectiveness. The fundamental objective is to foster a framework that safeguards the heap limit and works on the helpful record. In such manner, gold nanoparticles (Au NPs) have been set apart for designated drugs. Of the extensive variety of nanomaterials utilized for disease treatment, Au NPs are of significant interest because of their one of-a-kind capacity to answer a wide range of improvements, like sub-atomic holding or changes in particle focus, and to quickly deliver the charge. Au NPs can likewise be joined with designated ligands in rodents to come to the subcellular compartments in unambiguous tissues [14]. Metallic nanostructures are more adaptable particles than other nanomaterials because of their capacity to control size, shape, structure, arrangement, gathering, epitome, and tuneable optical properties. Out of the metal nanostructures that might be utilized, Au NPs seem, by all accounts, to be vital in the clinical field 3 and show extraordinary viability against disease treatment. The proceeding with interest of Au NPs lies in their tuneable optical properties that can be checked and adjusted for the treatment and analysis of illnesses [15]. Nanoscience and nanotechnology, as arising areas of current advancement, consider unpredictable and noteworthy answers for grow such customized, versatile, and modified help stages. Up until this point, interest in getting conveyance frameworks that can give reasonable and designated conveyance of medications has expanded essentially, so there is an arms stockpile of nanotechnology-based upholds created and effectively revealed for such provocative applications. Metal Nano systems specifically stand out in this specific examination region on account of their size-subordinate properties and conduct, which they energetically suggest as steady and reasonable devices for designated, controlled, and supported arrival of medications. Among the effectively evolved and explored metal nanoparticles, gold nanoparticles (Au NPs) are being examined for different biomedical applications connected with nanotechnologies, considering their harmlessness and their interesting optical, physicochemical, and organic properties. Because of the quantum imprisonment conduct contingent upon the size of the metal nanoparticles, the outer layer of the gold nanoparticles shows a unique peculiarity of surface Plasmon reverberation (SPR), bringing about areas of strength for an of the frequency of the brilliant light. This exceptional action combined with the Au NP septic. Highlights - which is deficient in mass materials - is granted by the aggregate swaying of free-leading electrons in the metal after collaboration with the separate electromagnetic field [16].

1.2.12 QUANTUM DOTS AS DRUG DELIVERY CARRIERS

Quantum dabs (QD) are nanometric semiconductor particles (2 to 10 nm) ready from chalcogenides (selenides or sulfides) of cadmium or zinc. As a general rule, the size and state of the quantum specks decide the optoelectronic properties. Longer quantum dabs (range 5 to 6 nm) discharge an orange or red tone and little QDs (span 2 to 3 nm) emanate blue and green tones. From an application stance, QDs are ready as center shell structures with a

reasonable useful covering thanks to a high-temperature technique that yielded a molecule size < 10 nm with a tight size circulation. Multipurpose surface science and photophysical properties consider the arrangement of multifunctional QDs for stacking, focusing on, controlled delivery, and observing of pharmacokinetics and biodistribution of medications. The multifunctional nanocomposites, i.e., changed with the carboxyl, are crossconnected with insusceptible liposomes functionalized by amino. These have been arranged with the counter human epidermal development factor receptor (hostile to HER2) scFv 2 for malignant growth determination and designated treatments in human bosom carcinoma cells overexpressing HER2, SK-BR-3, and MCF7 - C18. With new innovative advances, fluorescent carbon quantum dabs (CQD) have arisen as a chance to infiltrate customary semiconductor quantum spots. As quantum spots, CQDs have been utilized in the location, imaging, and restorative applications [9]. Quantum specks (QD) are known as semiconductor nanocrystals with a breadth scope of 2 to 10 nm and their optical properties, like ingestion and photoluminescence, rely upon the size. QDs stand out enough to be noticed in the field of nanomedicine, on the grounds that not at all like regular natural colors, QDs have close infrared (Carbon and carbon-based nanomaterials have stirred extraordinary interest in research because of their restrictive elements, specifically great biocompatibility, non-harmfulness, high mechanical/warm properties, and relative usability. Carbon focuses are generally characterized as a class of center shell composites comprising of a carbon center and surface passivation with various useful gatherings, including hydroxyl, carboxyl, and amine, and so on, making them hydrophilic and working with various surface functionalization and passivation. Surface passivation is for the most part gotten by the creation of a slender protecting layer of oligomeric polyethylene glycol on a corrosive treated carbon spot surface; high fluorescence powers and high quantum yield of carbon focuses can be accomplished with productive surface passivation [18]. Carbon quantum spots (CQD) definitely stand out enough to be noticed because of the exceptional benefits of low poisonousness, high water solvency, minimal expense, and climate subordinate photoluminescence (PL). Subsequently, they have shown extraordinary expected in biomedical medication, biochemical identification, catalysis, and the conveyance of biomolecules/drugs[19(a)].

1.2.13 IMPORTANT AREAS FOR FUTURE RESEARCH IN DRUG DELIVERY SYSTEMS

As researchers concentrate on how sicknesses create and advance, they additionally get more familiar with the various ways our bodies answer illnesses and the impact of explicit natural or hereditary signs. Joined with innovative advances, this expanded comprehension recommends new ways to deal with drug conveyance research. Significant regions for future exploration include:

• Crossing the Blood-Brain Barrier (BBB) in brain diseases and disorders

While appropriately working, the different cells that make up the BBB continually control the exchange of fundamental substances between the circulatory system and the focal sensory system, perceiving and impeding admittance to substances that can harm the cerebrum. Cerebrum prescriptions are fundamental for the effective treatment of specific sicknesses like mind growths, Alzheimer's infection, and Parkinson's illness, however better strategies are expected to sidestep or sidestep the BBB. A strategy right now under concentrate on utilizes progressed ultrasound procedures that disturb the BBB momentarily and securely, permitting the medications to target cerebrum growths without medical procedure straightforwardly.

• Enhancing targeted intracellular delivery

Similarly, as the resistant framework shields the body against sickness, each cell additionally has inward cycles to perceive and wipe out possibly unsafe substances and unfamiliar bodies. These unfamiliar specialists might contain drugs secured in designated conveyance vehicles. So while specialists are attempting to foster dependable strategies for conveying medicines to designated cells, extra designing is as yet expected to guarantee that the medicines accomplish the right designs in the cells. In a perfect world, future medical care will coordinate wise conveyance systems that can sidestep cell safeguards, transport medications to designated intracellular destinations, and convey drugs because of explicit sub-atomic signs.

• Combining diagnosis and treatment

The maximum capacity of medication conveyance frameworks goes past treatment. Utilizing progressed imaging advancements with designated conveyance, specialists can one day analyze and treat sicknesses in a single step, another technique called Thera gnostic [19(b)].

1.2.14 OUTLINE OF THE PROBLEM

At ordinary doses, oral organization and infusion are the significant courses of medication organization. The principal disadvantages of these sorts of measurements are non-neighbourhood treatment and sound tissue harmfulness. Ideal medication admission would be checked for exceptionally effective treatment and neighbourhood drug conveyance to limit harmfulness [6]. A medication conveyance framework (DDS) is characterized as a detailing or gadget that permits a helpful substance to specifically arrive at the site of activity without coming to non-target cells, organs, or tissues.

1. Importance of the current proposal with regards to flow research status on novel bio Nano conjugate frameworks to manufacture drug conveyance gadgets.

Nanoparticles are sorts of colloidal medication conveyance frameworks that contain particles going in size from nm to 100 nm in distance across. Colloidal medication conveyance frameworks are drug conveyance vehicles that can build the bioavailability of inadequately solvent medications, safeguard against delicate dynamic substances, and work with the controlled arrival of medications [6]. Research on protein collaborations with nanoparticles is vital in uncovering the components of nanoparticle working in the natural climate as medications or medication conveyance frameworks. He urged us to concentrate on the collaborations between human haemoglobin (HHb) and the various particles on a Nano metric scale, giving valuable data to possible biomedical applications. The circular gold nanoparticles (PNB) with a size of 18 to 20 nm and the carbon quantum spots (CQD) with a size of ~ 4 to 5 nm definitely stand out as an individual from the group of gold and carbon nanomaterials because of their broad physical and compound properties, including explicitly their assembling costs and their useful properties like biocompatibility, no harmfulness, and solvency in a watery medium. This study would be extremely useful for the improvement of medication conveyance gadgets.

1.2.15 LITERATURE REVIEW

Tapan Ganguly et al.[21] showed the interaction between human haemoglobin (HHb) and the gold nanoparticles of two different morphologies that are GNP (spherical) and GNS (star-shaped) using UV-vis absorption, steady-state fluorescence, synchronous fluorescence, scattering of resonant light (RLS), time resolved fluorescence, FT-IR and circular dichroism (CD) under physiological conditions of pH ~ 7 at ambient temperature and different Ganguly et al.[20] evinced the nature of the interactions of the biologically significant HHb protein with the emerging member of the carbon nanomaterial CQD family using UV- vis absorption, steady-state fluorescence, synchronous fluorescence, resonance light scattering (RLS)), time-resolved fluorescence, FT-IR, circular dichroism (CD), isothermal titration calorimetry (ITC), atomic force microscopy (AFM) and dynamic light scattering (DLS) and engineering. , biosensors, and other areas in humans. The underlying role of HHb as a model protein in biomolecular interaction has also been described. Tapan Ganguly et al.[23] revealed among

the two lectins: agglutinin *Sambucus nigra* (SNA) and *Saracaindica* (Saracin II), SNA forms a stronger bonding complex in the ground state with gold nanoparticles (PNB) through UV-vis absorption, steady state, and time resolved fluorescence measurements linked to spectral studies of circular dichroism (CD). From measurements of Stern-Volmer (SV) Ksv constants and KA binding constants and number link sites, two main conclusions can be drawn. First is the extinction of fluorescence mainly by static extinction and on the other hand, the SNA forms a stronger bond with PNB compared to the other lectin saracin II. Synchronous fluorescence spectral measurements continue to motivate this proposal to present the fully exposed tryptophan residue in the case of ANS. The SNA lectin appears to have assumed a relatively looser confirmation with the elongated polypeptide structures, leading to the exposure of hydrophobic voids that promoted stronger binding to PNB. The CD measurements show that when the gold nanoparticles interact with the lectins (glycoproteins), no significant distortion occurs in the structural scheme of the latter. The unaltered identity in the secondary structural scheme of SNA and Saracin II in the presence of gold nanoparticles suggests that PNBs can be used as useful drugs or drug delivery system temperatures. The main conclusions of the experimental work have demonstrated the effectiveness of biomedical applications of BNP and GNS nanoparticles and unraveled their mechanisms of action as drugs or drug delivery systems in humans.

Tapan Ganguly et al.[22] investigated interactions between two heme myoglobin proteins (HMb) and horseradish peroxidase (HRP) with zinc oxide (Zn nanoparticles using UV fish absorption, steady-state fluorescence, synchronous fluorescence, fluorescence with time resolution, FT-IR, nuclear power microscopy and circular dichroism in physiological conditions of pH ~ 7.4 This type of research can provide valuable insight into the mechanisms involved in the interaction of key proteins HMB and HRP with semiconductor ZnO nanoparticles and has potential applications in biotechnology. These results also demonstrate the efficacy of biomedical applications of ZnO nanoparticles and to clarify their mechanisms of action as drugs in systems humans and plants.

Tapan Ganguly et al.[24] investigated the interaction of an essential bovine transport protein serum albumin (BSA) and albumin gold Nano conjugates (BSA GNPs) with the amino acid I-aspartic (ASP) by steady state and time resolved spectroscopic techniques. In both cases, static fluorescence quenching was observed, indicating that a ground state complex is formed between the BSA / BSA-GNP donor with the ASP acceptor. High constant quench values suggest that energy transfer also took place from BSA and BSA GNPs to ASP. The distance between the fluorophore in the protein and the amino acid (ASP) is assessed. In both cases, the binding constants and the number of binding sites were determined. The observed thermodynamic parameters suggest that the main interaction forces in the two cases are hydrophobic interactions. The circular dichroism (CD) spectrum of the BSA molecule undergoes a marginal change in the presence of ASP in both its pure and bio-nanoconjugate form. Since no structural deformation has occurred, both the biological activity and the immune

response activity of the protein and the biocompatibility of the protein Nano conjugate remain as they are.

Tapan Ganguly et al.[25] examined interactions of gold nanoparticles (Au NP) and bovine serum albumin gold Nano conjugates (BSAGNPs) with quantum dots of cadmium sulphide (CdS QD) using steady-state spectroscopic techniques resolved over time in physiological conditions (pH ~7). From quenching stationary fluorescence and resolving over time from CdS QD in aqueous solution in the presence of BSAGNP, it has been deduced that fluorescence resonance (Förster type) (FRET) energy transfer is mainly responsible for the extinction phenomenon. This type of interaction between QDs and Au NPs in a protein conjugate form offers a new perspective for the design and development of FRET based bio Nano sensors.

Heloise Ragelle et al. [27] observed that nanomedicine has become an important area of university research with a direct impact on human health. They reviewed an overview of nanoparticle delivery systems currently on the market and in clinical trials, and discussed the main challenges for their commercial development, from both a manufacturing and regulatory perspective. , and their results helped to better understand the translation path for this systems.

Tapan Ganguly et al.[26] described the complete physicochemical characterization of commercially available Swarna Bhasma samples. Swarna Bhasma was characterized by Fourier transform infrared spectroscopy (FTIR), XRD X-ray diffraction analysis, SEM scanning electron microscopy), and atomic absorption spectroscopy (AAS). The research study showed that the commercial Swarna Bhasma sample as used in Ayurvedic medicine contains particles containing gold of micrometric and Nano metric dimensions without any toxic impurity.

Sandeep Singh et al. [28] worked on how nanoparticles modify and improve pharmacokinetics and the pharmacodynamics properties of different types of drug molecules capable of delivering imaging agents and anti-cancer drugs and early detection of cancer lesions, determining the molecular signatures of the tumour by non-invasive imaging and especially their applications in targeted molecular cancer therapy. They had been used in vivo to protect the drug entity in the systemic circulation, limit the drug's access to selected locations, and deliver the drug to the site of action at a controlled and sustained rate, to prevent unwanted side effects of the drugs. and thus the results showed effective use of the drug.

Xiao Jiao Yu et al.[29] revealed nanoparticles have proved promising both as delivery agents and direct tumour systems, but they must be well designed to maximize effectiveness. Computer modelling has often been used to design new nanoparticles as well as to better understand existing nanoparticles, and the modelled processes include drug delivery to the tumour site and the physical interaction between the nanoparticles and cancer cells.

Veronica Lassalle and Mariela Agotegaray [31] revealed that magnetic nanotechnology has the added benefit of Nano systems that can be easily guided using an external magnetic field

that has improved directional capacity and increased their potential in biomedical applications such as target drug delivery or MRI diagnostics and iron oxide Nano systems were currently the favourites to achieve this type of problem for many reasons, but mainly because of their low toxicity and biocompatibility.

Aaron Anselmo and Samir Mitragotri [30] designed Model nanoparticles for drug delivery by the body as unit processes linked by the vasculature and he showed that every organ and organ function can be represented as a unit process on an organ on a chip.

Wim H De Jong and Paul J A Borm [33] observed the dangers posed by using nanoparticles to reduce the toxicity and side effects of medicines. Chemical hazards in conventional distribution matrices.

Suwussa Bamrungsap et al.[32] reviewed Recent advances in the use of nanoparticles as drug delivery systems for the treatment of a wide variety of diseases, as the continuous improvement of the pharmacological and therapeutic properties of drugs drive the revolution in new delivery systems for drug delivery and have described a wide range of therapeutic nanocarriers. is the subject of extensive research to address this emerging need. Mónica Rivera Díaz and Pablo E. Vivas-Mejia [35] experimented on the delivery of emerging cancer therapies, including RNA (siRNA) and microRNA (miRNA) molecules with minor interference and targeting the drug delivery systems currently available for anti- cancer agents and the promising use of nanoparticles for new cancer treatment strategies.

Tianmeng Sun et al. [38] revealed that the nanoparticles and their payload were also favourably released in tumours by taking advantage of the pathophysiological conditions, such as the improved permeability and retention effect, and the spatial variations in the pH value, besides, of the targeting ligands, added on the surface of nanoparticles to specifically target cancer cells by selective binding to receptors overexpressed on their surface, it has also been shown that different types of therapeutic drugs and diagnostic agents could be administered by the same support to allow combination therapy capable of is to overcome resistance to multiple drugs, and a real delay in the effectiveness of treatment.

Ali Razeiet al.[36] modelled a drug delivery system to optimize the efficiency of the treatment process and therefore better at this type of infection, polymeric nanoparticles were particularly important because of biodegradability and biocompatibility. Their nanoparticle results have improved the treatment of intracellular bacterial agents, optimized chronic infections, and minimized their side effects, leading to an effective performance on target bacteria.

Natarajan Jawahar and Meyyanathan S N [34] used nanoscale polymeric nanoparticles to protect drugs from degradation in vitro and in vivo. They released the drug in a controlled manner and also provide the ability to target drugs. The use of polymer drug nanoparticles was a universal approach to improve the therapeutic performance of sparingly soluble drugs

in any route of administration. They presented discussions about the physicochemical properties of polymeric nanoparticles, production methods, routes of administration, and potential therapeutic applications.

Mojtaba Salouti and Azam Ahangari [37] described that nanomedicines could be actively targeted, localized diseases such as infection and inflammation had not only a perforated vasculature but also epitopes or over-expressive receptors that could be targeted and different types of nanoparticle systems tested as potential drug delivery systems, which biodegradable polymeric nanoparticles, polymeric micelles, nanocapsules, nanogels, fullerenes, solid lipid nanoparticles (SLN), nanoliposomes, dendrimers, metal nanoparticles, and quantum dots, leading to the development of pathways of systemic, oral, pulmonary, transdermal and other administration to target drug targeting, drug enhancement, bioavailability and study bioactivity, and drug stability. Stephen Hill and M. Carmen Galan [42] discussed that fluorescent carbon dots (FCDs made from carbon sources are hailed as possible non-toxic substitutes for traditional semiconductor quantum dots). They have shown that carbohydrates are readily available, naturally occurring chiral biomolecules that provide an attractive and inexpensive starting material to synthesize CFDs with different characteristics and interesting applications.

Agnieszka Z. Wilczewska et al. [40] described Controlled Drug Distribution (DDS) systems had several advantages over traditional forms of drugs and different nanostructures, including liposomes, polymers, dendrimers, silicon or carbon materials, and magnetic nanoparticles, had been tested. as carriers in drug distribution systems and they paid particular attention to the functionalization of magnetic nanoparticles as carriers in DDS.

Julia Talal et al. [39] worked on the amphiphilic poly (ethylene oxide) -b- poly (propylene oxide) of different architectures (linear and branched) and the hydrophilic-lipophilic balance were mainly modified with alkoxysilane fragments by the reaction of the terminal hydroxyl groups of the copolymer and 3- (triethoxysilyl) propyl isocyanate and then polymeric micelles modified with ethoxysilane were prepared in the water where the hydrolysis resulted in a decorated surface of silanol which was cured by spray drying a new type. A hybrid system from amphiphilic nanoparticles to nanoparticles of high physical stability has been developed in drug delivery systems with related inorganic flow control domains.

Seyed Yazdan Madani et al. [41] studied Carbon nanotubes (CNT) and quantum dots (QD) have been used in the diagnosis and treatment of cancer because of their unique properties, such as the ability to deliver or convert drugs to an active site. optical energy in thermal energy. By attaching antibodies that specifically bind to tumour cells, CNTs were able to navigate to malignant tumours.

Lifeng Qi and Xiaohu Gao [43] showed Quantum dots have proven to be powerful fluorescent probes, especially for long-term, multiplexed, and quantitative imaging and detection. This fluorescent "prototype" would provide important information in the rational design of

biocompatible drug carriers and would be an alternative to magnetic and radioactive contrast agents for imaging in preclinical research for drug screening, validation, and administration.

Jichuan Qiu et al. [44] explored that graphene quantum dots (GQD) have been rationally manufactured as a traceable drug delivery system for targeted and pH-sensitive administration of a chemotherapeutic drug to cancer cells. GQDs have served as fluorescent carriers for a well-known anticancer drug, doxorubicin (Dox). The entire system could monitor the carrier and drug release at the same time. Dox release was caused during the acidification of intracellular vesicles, where carriers were found after uptake by cancer cells, and the results demonstrated the feasibility of using GQD as traceable drug delivery systems with the ability of pH-driven drug delivery to target cells.

Preeti Nigam Joshi et al. [45] studied and conducted research to analyse the unique optical and physical properties of quantum dots that have potential applications in many medical and biotechnological pathways. With advances in nanoscience, new applications of quantum dots are constantly being explored for drug delivery and bio imaging. Graph quantum dots (GQD) are graphene nanoparticles with properties of both quantum dots and graphene. GQDs have aroused a remarkable interest in research in the fields of medicine and biology and are considered candidates well suited to nanotherapeutic applications because of their excellent biocompatibility and adaptable physico-chemical properties.

Parijat Pandey and Mandeep Dahiya [46] analysed inorganic Nanoparticles are emerging as a new drug delivery system due to their unique physical properties that mainly include size-dependent optical, magnetic, electronic, and catalytic properties. These nanoparticles had high stability, large surface area, tuneable compositions, an abundance of physicochemical multifunctionality, and specific biological behaviour. Inorganic material biocompatible nanosystems offer a new choice to effectively overcome the intrinsic disadvantages of traditional organic materials in biomedical applications, in particular, to overcome multi-resistant resistance.

Ismail Tuncer Degim and Demet Kadioglu [47] carried conducted a systematic study of the ZnO quantum dots that would be promising for drug delivery. It has also been reported that the adsorbent material can release drug molecules through simple adsorption and release the drug at the site of action through subsequent desorption. This has been demonstrated for carbon nanotubes and certain other hydrophobic molecules for transdermal applications in the literature. The aim was therefore to find the effect of the ZnO quantum dots on the transdermal penetrations of certain model drug molecules (ketoprofen and dexketoprofen). Drug-coated ZnO quantum dots have been shown to increase transdermal penetration of ketoprofen and dexketoprofen through rat skin.

Nagappa L. Teradal and Raz Jelinek [48] focused on the use of carbon nanotubes (CNT), graphene and carbon quantum dots [including graphene quantum dots (GQD) and carbon dots (C points)] in biologically oriented materials and applications. Examples of these

remarkable materials for bio sensing, cell and tissue imaging, regenerative medicine, and other applications are presented and discussed, highlighting the importance of their unique properties and their future potential.

Masoud Farshbaf et al.[49] studied carbon nanoparticles of 10 nm (or smaller) carbon quantum dots (CQD, C-dots or CD), which have caused tremendous excitement due to their chemical inertness benefits, high water solubility, excellent biocompatibility, photo bleaching resistance, and various optical superiorities, and describes recent advances in CQD; focused on their synthesis techniques, size control, approaches to surface modification, optical properties, luminescence mechanism and their applications in bio imaging, biological detection, drug delivery, and catalysis.

Shirin Ghaderi et al.[50] showed Quantum dot fluorescence nanoparticles for drug delivery and their toxicity. The development of cad-derived QDs has shown great potential cancer treatment and diagnosis and site-directed delivery because of their size-adjustable fluorescence and with a highly customizable surface to direct their bioactivity and targeting. However, the data for the pharmacokinetic and toxicological studies required further research and development, and they present major difficulties in determining the risks associated with this new technology. Nanotechnology also posed another intrinsic risk to the toxic cadmium, which would pose a new form of biomedical hazard.

Cristian T Matea et al.[51] observed good chemical stability and photo stability, high quantum efficiency, and light emission properties adjustable in the size of the quantum dots (QD). Different types of QD can be generated with the same light wavelength and their narrow emission bands can be detected simultaneously for different tests. There was growing interest in the development of nano-theranostic platforms for simultaneous detection, imaging, and therapy. QD had great potential for such applications, with remarkable results already published in the fields of sensors, drug delivery, and biomedical imaging.

Fatemeh Khodadadei et al.[52] carried out The GQDs (N-GQD) doped with fluorescent blue nitrogen were synthesized by a hydrothermal method by pyrolysis of citric acid as a carbon source and of urea as a nitrogen source. The existence of doped nitrogen in GQDs was confirmed by the FTIR characterization. Here, for the first time, N-GQD is loaded with the anticancer drug, methotrexate (MTX), to prepare MTX (N-GQD) as an effective drug delivery system. The emergence of the strong π - π stack interaction between MTX and N- GQD was confirmed by FTIR and UV vis spectroscopies indicating successful loading of MTX in N-GQD. The in vitro cytotoxicity of MTX (N-GQD) on human breast cancer cells studied by the MTT assay suggested that drug-free N-GQD nanocarriers are highly biocompatible, while those with MTX are more cytotoxic than MTX-free.

Ishita Matai et al.[53] worked on anionically sealed luminescent CQDs and acetylated cationic dendrimers, G5 Poly (amido-amine) (G5-Ac85) were combined via non-covalent interactions to form self-assembled fluorescent hybrids. The fluorescence of CQDs in the hybrids was

increased near groups of primamine dendrimers, making them suitable as cell imaging probes. The encapsulation of epirubicin (EPI), a chemical drug, in the dendrimers, gave therapeutic potential for fluorescent hybrids. The in vitro release of the trapped PPE from CQD® EPI5G5-Ac85 hybrids was faster in an acidic environment than under physiological conditions and serves as a double emission delivery system to control the intracellular distribution and cytotoxic effects of PPE. The green emission properties of CDQs have been used for microscopic fluorescence imaging and cellular absorption by flow cytometry.

Joel Pardo et al.[54] designed a model used in cancer research, in which the carbon nanoparticles conjugated a ligand specific for an overexpressed receptor for imaging and drug delivery in the treatment of cancer. These carbon nanoparticles give unique properties to the imaging or delivery vehicle because of their non-toxic nature and their high fluorescence properties. The current research within carbon-based nanoparticles reveals carbon points (C-dots) and carbon nanotubes (CNT).

Md. Zubayer Hossain Saad et al.[55] studied that through extended circulation, better drug localization, increased drug efficiency, etc. nanoscale objects have improved performance through a variety of dosage forms. Diseases. Different systems based on pharmaceutical nanotechnology that can be qualified as nano-pharmaceuticals such as liposomes, carbon nanotubes, quantum dots, dendrimers, polymer nanoparticles, metal nanoparticles, etc.

Mei-Xia Zhao and Bing-Jie Zhu [56] analysed that quantum dot nano-carrier (QD) systems for drugs can improve drug stability, extend circulation time in vivo, improve targeted uptake and improve the distribution and metabolism of organized drugs. For example, the development of QD nanocarriers for drugs has become a hotspot in the field of nanodrug research in recent years.

Mukeshchand Thakur et al.[57]performed a synthesis of clear carbon points (C points) with gum Arabic (GA) and its use as a molecular medium to transport ciprofloxacin hydrochloride, a broad spectrum antibiotic. After careful analysis of the fractions obtained after centrifugation, ciprofloxacin was attached to synthesize ciprofloxacin conjugated with C points (Cipro conjugate @ C points). Ciprofloxacin release is highly regulated under physiological conditions. Cipro® C dots were found to be biocompatible on Vero cells compared to free ciprofloxacin (1.2 mM), even at very high concentrations. Bare C points (~13 mgmL⁻¹) were used for microbial imaging of the simplest eukaryotic model - *Saccharomyces cerevisiae* (yeast). A bright green fluorescence was obtained when live imaging was performed to visualize the yeast cells under a fluorescence microscope, suggesting the incorporation of C points into the cells. The Cipro® C-dots conjugate also showed increased antimicrobial activity against gram-positive and gram- negative model microorganisms. Activity, and thus serves as a potential tool for theranostics.

Yang Zhang et al.[58] described a novel, universal, controlled-release, and controlled-release nanoreportant, reactive to redox, with mesoporous carbon nanoparticles (MCN) caused by

modified fluorescent carbon points (CD). Adjusting MCNs with a disulphide unit can make the system sensitive to intracellular glutathione (GSH).

DC s anchored to the surface of MCNs via an electrostatic interaction block the mesopores and thereby prevent the leakage of charged doxorubicin (DOX) into the MCN channel. When adding GSH to the physiological environment, the integrity of the system was disrupted by the dissociation of the disulphide bond; during this time, stripping the CDs opens the door, causing the rapid release of the encapsulated DOX. CD fluorescence was stopped / "turned off" when binding to MCNs, while it was restored / "turned on" when detaching CDs from the surface of MCNs. Thus, fluorescent CDs serve as both a controllable drug delivery controller and a fluorescent probe for visualizing the drug delivery process, leading to the design of controlled-release Nano devices, personalized and specifically controlled by an internal stimulus. Localized in cells.

Kumar Vikas et al.[59]revealed that currently available antihypertensive agents have certain significant drawbacks, such as a relatively short half life , low bioavailability, poor permeability, and undesirable side effects. Efforts have been made to design drug delivery systems for antihypertensive drugs to a) reduce the frequency of administration, b) increase bioavailability, c)deliver them selectively to target cells with minimal side effects. The physicochemical properties and in vitro / in vivo performance of various systems such as extended-release tablets, ceramic implants, nanoparticles, nanocontainers, liposomes, emulsions, aspasomes, microemulsions, nanopowders, and PheroidTM were summarized. This assessment highlights the significant potential of new drug delivery systems for the future effective treatment of hypertensive patients undergoing antihypertensive therapy.

Amit Kumar Nayak et al.[60] focused on several gastro-retentive approaches that have recently become state-of-the-art methodologies for the administration of site-specific orally administered controlled release drugs. To understand various physiological problems in achieving gastric retention and to summarize the important factors controlling gastric retention and to review various gastro-retentive approaches designed and developed to date, namely high density (sinking), floating, bio- or mucoadhesive, expandable, expandable, super-porous hydrogel and magnetic systems.

ManivannanRangasamyand KugalurGanesanparthiban[61] studied Controlled drug transport systems such as micellar solutions, vesicles, and liquid dispersions, as well as nanoparticle dispersions consisting of small particles from 10 to 400 nm, are promising as drug delivery systems. are networks of three-dimensional hydrophilic polymers that can absorb large amounts of water or biological fluids, buckyballs, a new distribution system with 60 carbon atoms formed in the form of a hollow ball. They were other types of babies, fuzzy balls, gadofullereness, and giant fullerenes. Nanoparticles can be classified into nanotubes, nanowires, nanocantilever, nanocells, quantum dots, nanopores. One of the growth and potential drug and enzyme delivery systems was drug-loaded erythrocytes.

Prasanth V.V et al.[62] revealed that to achieve successful targeted drug delivery to the large intestine, a drug must be protected from degradation, release, and absorption in the upper gastrointestinal tract (GIT) and then abruptly released or controlled in the proximal colon, leading to an understanding of recent approaches to dosage forms targeting the colon via a pH-sensitive system, a microbial activated system, i.e. prodrugs, and a polysaccharide system, delayed release system, osmotically controlled drug system, pressure dependent delivery system.

Patel Nidhi et al. [63] designed the sustained release drug delivery system can be a great advance in solving problems of targeting a drug at a specific organ or tissue and controlling the rate of drug delivery to the target site. Prolonged-release (SR) / controlled-release (CR) products offer an advantage over conventional dosage forms by optimizing the biopharmaceutical, pharmacokinetic and pharmacodynamics properties of drugs, reducing the frequency of administration so that once the daily dose is sufficient for treatment thanks to a uniform plasma concentration that provides the maximum utility of the drug with a reduction of local and systemic side effects and a cure or state of control as soon as possible through the smallest amount of medication to ensure greater patient compliance.

Prashant P. Kalshettiet al. [64] observed that hydrogels were more complex intelligent polymers with different types of ligands and cross-links that allowed highly regulated structures and different bio responsive functionality. Hydrogels that undergo swelling changes in response to specific biomolecules became increasingly important due to their potential applications in the development of biomaterials and drug delivery systems and biomedical applications of hydrogels. special properties of hydrogels that are sensitive to stimuli; the use of different transducers that describe changes in the physical properties of hydrogels and consider the possibility of using models of artificial neural networks to identify the model of swelling behavior as new techniques.

Hiroyuki Kawataet al. [65] developed an intelligent drug delivery system with promising potential for better intravenous coronary thrombolysis. The nanoparticle thrombus targeting property was examined by an in vitro binding assay with von Wilbrand factor and with a mouse arterial thrombosis model in vivo. The thrombolytic efficiency of the nanoparticles was evaluated with a model of acute myocardial infarction in pigs. Nanoparticles coupled in vitro to von Wilbrand factor and preferably accumulated at the thrombus site in a mouse model. In a model of acute myocardial infarction in pigs, the plasma activity of tPA after intravenous injection of nanoparticles was approximately 25% of tPA alone and was fully restored by American transthoracic (1.0 MHz, 1.0 W /cm²). During application in the United States, plasma tPA activity was restored near the affected coronary artery and was greater than that near the femoral artery. Although treatment with tPA alone (55,000 IU / kg) recanalized the occluded coronary artery in only 1 in 10 pigs, nanoparticles containing the same dose of tPA with the United States were realized in 9 out of 10 pigs in 30minutes.

MehranAlaviet al. [66] studied since liposomes, due to their different shapes, these structures could provide hydrophilic and hydrophobic drugs for cancer, antibacterial, antifungal, immunomodulation, diagnostics, ophthalmic, vaccines, enzymes, and genetic elements. The preparation of liposomes gives different properties to these systems. Moreover, depending on the preparation methods, the types of liposomes can be unilamellar, multilamellar, and gigantic unilamellar; however, many factors and difficulties influence the development of the release structure for liposomal drugs.

S.S.Davis [67] studied that biodegradable polymers include poly- α -hydroxy acids, polyanhydrides and polyphosphazenes can be particularly advantageous for use as implants providing a slow and steady release of a pharmacological agent. Biotechnology products in the form of peptides and proteins were difficult to deliver. New delivery methods include microspheres and polymeric microcapsules. The polymers could be used to release antigens to achieve better post-injection reactions. Nanoparticles based on polymeric materials could be used to deliver drugs to specific target sites, especially through the bloodstream or lymphatic system. Natural polymers have also played an important role in the administration of drugs, for example, chitosan wisps, which is of particular interest because of its ability to interact with mucosal surfaces and to provide a bioadhesive effect that retains drugs at target sites.

RomanaParveen et al.[68] analysed that to understand protein folding events, resulting in protein aggregation and associated neurodegenerative diseases. Within the cellular system, many chaperones and folding factors have been found for a good folding of proteins. When folded incorrectly, proteins can build up in cells and cause various life-threatening diseases. In some cases, misfolded proteins have aggregated as a looped sheet polymer and amyloid fibrils when they escape the breakdown process and cause neurodegenerative disorders. Nanoparticles (NP) are nanoscale materials, which can be formulated with organic molecules such as gelatin, chitosan, inorganic molecules, metals such as iron, gold, silver, etc. NPs connect proteins and form a dynamic corona of nanoparticle protein (NP-P). Conformational changes could be induced in the protein adsorbed by this NPP ring, which could alter the overall bio-reactivity of NP. They can affect the correct folding of unfolded or poorly folded proteins and prevent their aggregation, which can be useful in curing neurodegenerative diseases. Due to the high area to size ratio, NPs have superior advantages over bulk materials. Consequently, the effect of NP on proper protein folding opens new gates to produce a biologically active biomolecule in threedimensions.

JasminŠutković and AminaJašarević [69] reviewed that the gold nanoparticles in the form of metal-based beads were of particular interest because of their attractive physical and chemical properties, their biocompatibility, and their easy surface modification. In general, nanoparticles could come into contact with the entire physiological environment once with the human body. In most cases, the first molecules they interact with are proteins, the major constituents of the human body, and the driving force behind most biological processes. This

understanding of the interaction between nanoparticles and proteins represents an important essence for the safe and effective application of nanoparticles and the methods developed and analyzed for the interaction between nanoparticles and proteins.

Wolfgang G. Kreyling et al.[70] analyzed that when particles incorporated into a mammalian organism come into contact with body fluids, they bind to proteins that are soluble in cell membranes and form a corona protein. This binding process was very complex and very dynamic due to the abundance of proteins with different affinities and fractions in different body fluids and the wide variation of the particle surface compounds and structures. Interestingly, in the case of nanoparticles (NP), this corona protein was well suited to be a medium for guiding translocation in body fluids and across membranes. This translocation of NP can then lead to accumulation in various organs and tissues and their respective cell types, which should not accumulate small foreign bodies. As a result of this unprecedented accumulation of NP, the potentially deleterious biological responses in tissues and cells cannot be overlooked a priori, but require further investigation and have studied the interactions and protein binding kinetics of blood serum proteins. With a certain number of NP modified according to their physicochemical properties systematically studied the effect of the size (5, 15, 80 nm) of the gold spheres (AuNP) modified on the surface with the same ionic ligand; as well as 5 nm AuNP with five different surface modifications on serum protein binding by proteomic analyses.

Liwen Li et al.[71] detected interactions between nanoparticles and proteins by spectroscopic methods that play an important role in the study of binding affinity, binding speed, and binding mechanisms. To elucidate nanoparticle (NP) -proteome interactions, chromatography and electrophoresis techniques were used to separate NP-coupled proteins and time-of-flight mass spectrometry by matrix assisted desorption ionization (MALDI-TOF-MS) to identify these proteins. Because NP protein binding was a dynamic event, surface plasmon resonance (SPR) and quartz crystal microbalance (MCQ) are excellent methods of studying the kinetics of NP protein binding.

A. K. Bhunia et al.[72] investigated the interaction and formation of bovine serum albumin (BSA) and zinc oxide nanoparticles (NP ZnO) bioconjugate. The surface compound with the reorganization of BSA on the surface of NP ZnO forms a stable "hard crown". The time constants for surface joining and reorganization are 1.10 min and 70.68 min, respectively. The close binding of BSA to NPs of ZnO via tryptophan is responsible for the formation of bioconjugates. The aggregated fibrillary structure of BSA has been observed because of the conformational change in BSA interacting with NPs of ZnO.

Stefano P. Boulos et al.[73] done research into the adsorption process of proteins on the surface of nanoparticles was essential to understand how to control the biological interactions of functionalized nanoparticles. In this work, a library of spherical and rod-shaped gold nanoparticles (PNB) was used to assess the adsorption process of proteins on their surfaces. The binding of a model protein (bovine serum albumin, BSA) to GNP depending on

the shape, size, and surface charge of the particles has been investigated. Two independent comparative analytical methods were used to evaluate the adsorption process: equilibrium fluorescence titration and capillary affinity electrophoresis (ACE). Although kinetic analysis showed faster adsorption of BSA on the surface of cationic PNBs under favorable electrostatic conditions, equilibrium binding constant determinations indicated that BSA has a similar binding affinity to all BNP tested, regardless of surface charge. BSA has even been found to adsorb strongly on PNBs with a pegylated/neutral surface. However, these fluorescence titrations experience significant interference due to the high light absorption of the GNP. The equilibrium binding constants of BSA-GNP, as determined by the ACE method, were 105 times lower than the values determined by spectroscopic titrations. While both analytical methods may be useful for determining protein adsorption binding constants on NP surfaces, both methods have limitations that make it difficult to determine protein GNP binding constants. The optical properties of PNBs interfere with quary determinations by optical analysis of static fluorescence. CEA, on the other hand, suffers from material compatibility problems, since positively charged PNBs adhere to the capillary walls during analysis. Therefore, researchers seeking to determine the equilibrium binding constants for protein-BNP interactions should use orthogonal techniques as much as possible to study a protein-BNP system.

Yang Yue et al.[74] worked on the crown of nanoparticle proteins. Knowledge of corona proteins was therefore important for a mechanistic understanding of how nanoparticles interact with biomolecules in cells. The cells were from a branch line of rainbow trout (*Oncorhynchus mykiss*), RTgill-W1, which represents the interface between the aquatic environment and one of its model species. Subcellular fractionation allowed the AgNPprotein corona complexes to be recovered from intact subcellular compartments and the lysed proteins of AgNPs to be detected by mass spectrometry. The identified proteins mark the trace of the processing of AgNPs in cells as a forensic imprint: the cells absorb the AgNPs via endocytic processes and store the particles in endosomal/lysosomal compartments. In addition, stress response proteins were recovered from the AgNPs protein corona. In this way, we have compiled a list of proteins that are sensitive to AgNPs and that can be further studied in the targeted interaction between nanoparticles and proteins. As proof of principle, we show that Na⁺ / K⁺ -ATPase, identified from the crown and an important protein known in the regulation of ions in gill cells, is inhibited in its activity by AgNPs, confirming experiments published in vivo previously.

Jonas Hühnet al.[75] observed chemical reactions in which proteins have attached to binding sites on the surface of nanoparticles. This process is defined by a dissociation coefficient, which indicates how many proteins per nanoparticle have been adsorbed as a function of the protein concentration. Different techniques for the experimental determination of the dissociation coefficients of protein adsorption to nanoparticles are discussed. The results of more than 130 experiments in which dissociation coefficients have been determined are compared. The data shows that different methods, nanoparticle systems, and proteins can lead to significantly different dissociation coefficients. However, we have observed a clear

trend towards smaller dissociation coefficients on less negative zeta potentials towards more positive zeta potentials of the nanoparticles. Zeta potential was therefore an important parameter influencing the adsorption of proteins on the surface of nanoparticles. The analyzed data emphasize the importance of characterizing the parameters that regulate the interaction between protein and nanoparticles for the quantitative evaluation and objective comparison of the literature.

Shruti R Saptarshiet al.[76] proposed the interaction of nanoparticles with proteins has resulted in the formation of a dynamic nanoparticle protein ring. The protein crown can affect the cellular absorption, inflammation, accumulation, breakdown, and clearance of nanoparticles. In addition, the surface of the nanoparticles could induce conformational changes in the adsorbed protein molecules, which could affect the overall bio-reactivity of the nanoparticle. A deep understanding of these interactions can be focused on generating biocompatible nanomaterials with controlled surface properties in a biological environment.

Brittany E. Givens et al.[77] studied Bovine serum albumin (BSA) adsorbed on nanoparticles of amorphous silica (SiO₂) as a function of pH over a range of 2 to 8. Aggregation, surface charge, surface coating, and structure of proteins have been studied over this entire pH range. The results showed that for the SiO₂ nanoparticles truncated with hydroxyl groups, the major aggregates were observed at pH 3, close to the isoelectric point of the SiO₂ nanoparticles, while for the SiO₂ nanoparticles with adsorbed BSA, the size of the aggregates was highest at pH 3.7, close to the isoelectric point of the BSA-SiO₂ complex. The BSA surface coverage was also the highest at the isoelectric point of the BSA-SiO₂ complex at about $3 \pm 1 \times 10^{11}$ molecules.cm⁻². They concluded that protein-nanoparticle interactions vary with the pH of the solution, which may affect nanoparticles in various biological fluids (through blood, stomach, and lungs).

Irem Nasiret al.[78] presented a method for detecting nanoparticle protein partners and conformational changes on time scales ranging from a few milliseconds to several days. Mobile fluorophores have been used as journalists to study the interaction between proteins and nanoparticles at high throughput in a multi-well format. In addition, the screening method may reveal changes in the colloidal stability of nanomaterials depending on physico-chemical conditions.

Mathis Kopp et al.[79] described the concepts of supramolecular chemistry help to understand the complex non-covalent interactions between the surfaces of proteins and nanoparticles. They worked on nanoparticles, usually absorbed by endocytosis, and delivered in an intracellular endosome. After fusion with a lysosome, degradation or denaturation of the protein load by the acidic environment or by proteases can occur before entering the cytoplasm and the nanoparticles were quickly covered with proteins upon contact with biological media such as blood. This so-called protein corona influences contact with other proteins, cells, or tissues and can prevent the desired interaction.

Silvia H. De Paoli Lacerda et al. [80] performed a series of photophysical measurements to quantify the interaction of model gold NPs with a wide range of NP diameters with common blood proteins. In particular, absorption, fluorescence quenching, circular dichroism, dynamic light scattering, and electron microscopy measurements were performed on surface-functionalized water-soluble gold NPs 5 to 100 nm in diameter in the presence of common human blood proteins: albumin, fibrinogen, globulin, histone, and insulin. They found that gold NPs strongly associate with these essential blood proteins, with the binding constant, K , as well as the degree of cooperative binding to particle proteins (Hill constant, n) depending on particle size and natural protein structure. revealed that the model proteins undergo a change of conformation when associated with NPs and that the thickness of the layer of adsorbed proteins (diameter of naked NP).

Wei-Chen Liao and Nai-Kuei Huang [81] packed certain useful bioinformatic methods (Matlab Sim biology and Pathway Studio) in an integrated system that has been applied to public literature and the nanoparticle vessel database and attempted to discover the pathways of genetic regulation linked to nanoparticles. By comparing themselves to different systems of model organisms (bacteria, mice, cell lines), they created a multidimensional secondary database (cellular localization of proteins, expression model of temporal evolution, and chemical interaction profiles). The added value database will allow the discovery of new relationships between genes and nanoparticles and will provide useful information for modelling the cellular regulatory pathway for nanoparticles in an interactive form. Iseult Lynch and Kenneth A. Dawson [82] showed communications between the limiting of water nanoparticles (NP) and proteins in oceanic frameworks. They examined the thermodynamic parts of NP protein collaboration and how the solvation shells can change the idea of this peculiarity. What's more, examined what the compound idea of the NP surface means for the adsorption of water atoms and how this adsorption can advance or repress protein-NP associations.

Ahmet Bekdemir and Francesco Stellacci [83] fostered an examination based technique ultracentrifugation (AUC) as an unlabeled ingestion based device for deciding separation constants (K_D), stoichiometry (N_{max}), and Hill coefficient (s), for the relationship of egg whites ox-like serum (BSA) with gold nanoparticles. The absorbance at 520 nm in the AUC delivers the estimations coldhearted toward unbound and totaled proteins. The estimations stay precise and don't turn out to be more hard for little nanoparticles (under 10 nm). The information propose that the edifices of little nanoparticles/proteins contrast essentially from a circular shape even at maximum coverage.

Kumudu Siriwardana et al. [84] played out a precise investigation of the impacts of decreased and oxidized protein cysteine buildups on protein communications and organothiol cooperations. Jingying Liu and Qiang Peng [86] noticed qualities of the crown protein (PC) around the protein gold nanoparticles (AuNP), the extrapolation of these information in the in vivo responses of PC is still a long ways behind. Notwithstanding, with

the amassed information on the crown arrangement and the one of a kind properties of AuNP, they were currently urged to keep on searching out sure endeavors.

Jonathan Ashby et al.[87] intended to screen communications among proteins and nanoparticles. The examine utilizes fluorescamine, a fluorogenic color explicit for essential amines, to feature the proteins used to test the cooperations between a choice of proteins and nanoparticles of polystyrene, silica, or iron oxide. Huge contrasts in marking were identified when a similar protein was hatched with various particles. Examination of the significant parts (PCA) on the gathered fluorescence profiles uncovered clear gathering impacts of the particles as indicated by their properties. which assists with working on how we might interpret the atomic premise that directs the organic way of behaving of nanomaterials.

Claudia Corbo et al.[85] infused nanoparticles (NP) in the blood where they flow until they arrive at the objective tissue. The ligand on the NP surfacer perceives its particular receptor communicated on the objective tissue and the medication is delivered in a controlled way. Notwithstanding, once infused into a physiological climate, NP cooperates with natural parts and is encircled by a coronary crown (PC). This can cause a resistant reaction and influence the poisonousness of NP and focusing on capacities. They investigated how the PC can be utilized to balance both cytotoxicity and invulnerable reaction and work on the proficiency of designated conveyance of nano upholds. with silver nanoparticles (AgNPs). Model proteins incorporate the wild kind and changed GB3 protein variations containing 0, 1, or 2 decreased cysteine deposits, separately. Cow-like serum egg whites (BSA) containing a sum of 34 buildups of oxidized cysteine (connected to disulfide) and a decreased cysteine buildup was additionally included. The protein cysteine level affects the energy of the protein/AgNP restricting. This work was significant for the unthinking comprehension of the security of AgNP in bioliquids wealthy in amino corrosive proteins and thiols.

Elodie Sanfins et al.[88] talked about nanoparticles (NPs) on proteins could help understanding potential natural wounds like changes in protein fibrillation, openness of new antigenic epitopes, and loss of capability like enzymatic action debilitation. They introduced information of NP-protein cooperations and their ensuing likely consequences for key middle people of organic capabilities like chemicals.

Peter Sätzer et al.[89] noticed the conformational changes that happen during the adsorption of myoglobin and BSA rely upon the size of the nanoparticle to which they adsorb. Of the eight model proteins at first examined, two (BSA and myoglobin) showed conformational changes, and in the two cases, this conformational change was reliant upon the size of the nanoparticle. Of clarifications frequently utilized for the peculiarity of conformational change contingent upon the size of the nanoparticles.

Wallace and Robert W. Janes [91] examined protein conformities and protein collaborations through CD (round dichroism) and SRCD (roundabout dichroism of synchrotron radiation) on

the grounds that the high motion of a synchrotron permits the assortment of information at more limited frequencies (bringing about data content higher), identification of spectra with a higher sign/clamor proportion and estimations within the sight of spongy parts (cushions, salts, lipids, and cleansers). The outcomes were utilized to successfully concentrate on protein associations, including the development of protein buildings including prompted or unbending components, or protein-lipid edifices.

B. Kharazian et al.[90] planned an exploratory establishment to comprehend the crown nanoparticle-protein buildings. The arrangement of the protein crown is adjusted by the physicochemical properties of NPs, including size, shape, and surface science. The handling of protein adsorption is a powerful peculiarity; To this end, a protein can desorb or leave a space that is immediately filled by another protein and has made changes in the crown structure basically due to the Vroman effect.

R. Wojnarowska-Nowak et al.[92] worked on the collaboration between quantum specks (QD) with human serum egg whites (HSA) and the way of life of human cells is significant for nanomedicine applications. The optical properties of the bio-nanocomplexes framed by the nanoparticles, including colloidal QDs (eg, CdTe, CdS, CdCoS) and egg whites are shown. The retention spectra show that the expansion of HSA to the colloidal QDs prompts a steady diminishing in ingestion and to widen the design of the exciton. The aftereffects of photoluminescence extinguishing demonstrate that the QD extinguishing impact on HSA fluorescence is reliant upon size and temperature. The idea of the extinguishing is very static, prompting the development of QD-HSA buildings. The CdTe QD-HSA buildings display substance dependability in a PBS cradle. Additionally, it is steady in the cytoplasm and reasonable for cell marking, observing, and other bioimaging applications.

Yuan Yang et al.[93] summed up current advances in ways to deal with survey nanotoxicity in significant frameworks, including the liver and kidney, gastrointestinal, aspiratory, cardiovascular, apprehensive, and safe frameworks. Histopathological assessments and explicit practical assessments in every framework have been clarified. S. Rajeshkumar[94] noticed Nanoparticle blend began at 2 hours hatching time was distinguished by the development of ruby red in the response combination and the SPR band focused at 545 nm. XRD shows that the four in number extraordinary pinnacles demonstrate the glasslike idea of the nanoparticles. The morphology of the nanoparticles examined by TEM has shown that they are typically round in size going from 6 to 13 nm. EDX upholds the presence of gold in the combined nanoparticles. FTIR uncovered the utilitarian gatherings dynamic in the connection of the way of life supernatant with the gold nanoparticles. Thus, the orchestrated stable gold nanoparticles showed more noteworthy enemy of disease action against HepG2 and A549 cells at a centralization of 100 μ g nanoparticles. This manufactured methodology has been basic, enormous scope, another entryway for the improvement of designated malignant growth battling movement utilizing gold nanoparticles and is new in biomedical applications. ASM Giasuddin et al.[95] exhibited persuading that gold medications

are compelling in treating patients with rheumatoid joint pain. Numerous specialists actually believe gold to be the best medication for decreasing irritation in joints, diminishing the side effects of agony and solidness. Various types of gold are accessible, however typically, one of the injectable types of gold salt (eg, gold sodium thiomalate [Myochrysine] or aurothioglucose [Solganal] is additionally utilized. An oral tablet containing gold, auranophine (Radaura)), was likewise accessible.

M. raja et al.[96] uncovered metal nanoparticles utilized in the determination, therapy, and observing of disease in a solitary item work on persistent consistence and limit likely secondary effects. Gold and silver were known as valuable metals and nanoparticles produced using these valuable metals find several applications in disease imaging, photodiode treatment, hyperthermia, and tissue focusing on and empower clinicians to early analyze and treat different tumors.

Harsharan Pal Singh[97]observed that the reason for the utilization of gold nanoparticles (AuNPs) in treatment and finding was laid by old examinations directed with ruby gold to fix sicknesses in the Middle Ages. AuNPs are presently accessible in different sorts like circles, bars, shells, enclosures, and SERS particles that change in shape, size, and actual properties. Biomedical utilizations of these particles incorporate medication and quality conveyance, malignant growth analysis and treatment, assurance of organic atoms and microorganisms, identification of the etiology of the illness, immunoassay, catalyst immobilization,etc.

Olayemi J. Fakayode et al.[98] presumed that the utilization of harmless to the ecosystem materials for the combination of metal nanoparticles offers many benefits, going from biocompatibility, accessibility, productivity, available scaling to natural agreeableness. Nanopolymers in light of biopolymers have shown to be more reasonable in the area of nanotechnology due to their high reproducibility, their simplicity of production, their useful change, and their security (they are not cancer-causing). The chemomolecular chain of these biopolymers has an enormous number of hydroxyl bunches that could undoubtedly complex with metal particles. Furthermore, these biopolymers additionally contain supramolecular structures that could prompt new functionalities of their composites with metal and semiconductor nanoparticles.

Surekha Kundu [99] did probes gold nanoparticles and their utilization as antimicrobial specialists and quality exchange vehicles. The system behind the antimicrobial properties of gold nanoparticles was chiefly by causing pores in the film and entering the microorganism, which ties to inward designs and causes pressure related wounds like ROS creation. One more significant use of gold nanoparticles is that they can be utilized for quality conveyance. Covering the nanoparticles with various covering materials was a fundamental stage in giving restricting locales to the DNA to be conveyed. Moreover, styling works on the take-up also, maintenance of gold nanoparticles by cells during quality conveyance. The properties of the quality delivery rely upon the styling material, the shape and size of the nanoparticles.

Rochelle R. Arvizo et al. [100] examined the different clinical uses of nanoparticles of gold, silver and platinum concerning the boundaries that were (i) how these nanomaterials connect with cells at the sub-atomic level; (ii) what their biodistribution and pharmacokinetics are meant for by their surface and their courses of organization; (iii) the component of their detoxification and freedom, and (iv) their helpful adequacy in the proper sickness model.

Resham Bhattacharya and Priyabrata Mukherjee [101] concluded that right now metal-based nanoconjugates have been utilized in different biomedical applications, for example, electron microscopy tests to imagine cell parts, drug conveyance (drug conveyance vehicle, proteins, peptides, plasmids, DNA), and so on, location, conclusion and treatment (focused on and This nanoparticles had the properties of explicit connection with chose proteins and hindered their exercises Since numerous illnesses like disease, joint pain, macular degeneration, and so on, rely upon angiogenesis, these disclosures open additional opportunities for inactivating the "pathogenic" protein capability by metal nanoparticles and surface-altered metal nanoparticles.

Bekkeri Swathy [102] concentrated on that metallic silver nanoparticles had an expected application in the medication conveyance framework and painless imaging enjoyed a few upper hands over ordinary drugs, which can be accomplished by forming the nanoparticle with a fitting ligand, which has a particular restricting movement to target cells. Moreover, the nanoparticles gave a stage to connecting various duplicates of helpful substances and consequently expanding the grouping of restorative and demonstrative substances at the neurotic site. Moreover, the focus and elements of the dynamic atom can be changed by controlling the molecule size of the nanoparticles (> 3 to 5 nm).

Khalid Alaqad and Tawfik A Saleh [103] combined gold and silver nanoparticles by different techniques and utilized in different fields, including drug organization, identification, and discovery. Silver and gold nanoparticles functionalized with different biomolecules like proteins, DNA, amino acids, and carboxylic acids had been used in the treatment of cancer what's more, gave a great medication conveyance framework. Designated conveyance of gold nanoparticles cooperates with the disease cell. The results of regular medications have been limited by formation with gold nanoparticles. Ag/NP was displayed to restrain microbial multiplication and microbial disease. Moreover, Ag/NP in the field of medication has added another aspect in dressing and fake implantation and the counteraction of defilement brought about by microorganisms. Aside from that, Ag/NP assumes a pivotal part and is viewed as a significant fixing in the planning of items utilized monetarily in industries.

Neveen Abdel-Raouf et al. [104] exhibited the blend of brilliant nanoparticles (Au) utilizing *Galaxaura elongata* (powder or concentrate). The fast arrangement of stable Au nanoparticles was tracked down utilizing an extended concentrate of G. in a watery medium under typical barometrical circumstances. Transmission electron microscopy (TEM) examination showed that the particles were round with a couple of bar formed, threesided, shortened three-sided, and hexagonal nanoparticles. The zeta potential estimations demonstrated that the Au

nanoparticles were in the size scope of 3.85 to 77.13 nm. Fourier change infrared spectroscopy (FTIR) showed that the nanoparticles were covered with green growth compounds. The synthetic parts, specifically andrographolide, alloaromadendrene oxide, glutamic corrosive, hexadecanoic corrosive, oleic corrosive, 11-eicosenoic corrosive, stearic corrosive, gallic corrosive, EpigallocatechinCatechin and Epicatechingallate of ocean growth separate have been distinguished as going about as a diminishing, settling and styling specialist. The nanoparticles were likewise evaluated for their antibacterial exercises that showed better antibacterial impacts with zones with a greatest restraint of 17 to 16 mm by the AuNPs integrated by ethanol separate against *Escherichia coli*, *Klebsiella pneumonia* and MRSA, trailed by *Staphylococcus aureus* and *Pseudomonas aeruginosa* (13 mm).

P.C. Nagajyothiet al.[105] combined the copper oxide nanoparticles (NP CuO) were circular and the XRD results show that the typical size of the NPs was around 26.6 nm. The cytotoxic impact of NP not entirely set in stone by testing sulforhodamine B. Receptive oxygen species got from mitochondria (ROS) expanded and caused lipid peroxidation of the liposomal film, which controls different flagging pathways and influences the cytokinetic development of cells. The mitochondrial fracture disappointment examine affirmed the adjustment of the mitochondrial structure after hatching with nanoparticles.

NurulAkmalCheLahet al.[106] concentrated on that the precious stone designs of functionalized remedial particles like gold (Au) and silver (Ag) with a size under 100 nm in measurement seem to give a brilliant capability of regulating oxidative pressure and harmfulness fair and square of layer cells impacted, specifically, to arrive at the particular medication deliverysite.

Aneta J. Mieszawskaet al.[107] introduced the outer layer of the gold nanoparticles that can be effectively adjusted for a particular application and designated ligands, drugs or biocompatible coatings can be presented. AuNP can be integrated into bigger designs, for example, polymeric nanoparticles or liposomes that give high stacking ability to worked on indicative applications, actually embody drugs for accompanying treatment, or add extra picture marks. This arrangement of highlights has prompted the above applications in the biomedical fields, yet more as of late in approaches where multipractical gold nanoparticles have been utilized for different techniques.

Aaron Tan et al.[125] studied and proposed a new approach for emerging applications of theranostics in nanomedicine. Cancer treatment often includes the use (or combination) of chemotherapy, radiation, and intervention surgery (for solid and operable tumors). The application of nanotechnology in biology and medicine is progressing rapidly. Recent evidence suggests that quantum dots (QD) can be used to image cancer cells because they have superior fluorescent properties compared to chromophores and conventional contrast media. Thanks to the unique photothermal properties of CNTs, they can also be used in conjunction with near-infrared radiation and lasers to thermally eliminate cancer cells.

Anukul Majiet al.[124] synthesized AgNPs showed maximum UV-Vis absorption at 435 nm due to surface plasma resonance (SPR). The mean diameter (-22.5 nm) of AgNPs was measured by a TEM analysis and was also provided by FE-SEM. The existence of a silver signal in the EDX spectra supported the formation of AgNPs and the negative zeta potential value (-18.7 mV), suggesting stability. FTIR spectroscopic analysis showed that functional groups such as -O-H, -N-H, and -C = O were responsible for the synthesis of AgNPs. The interaction of AgNPs with human serum albumin (HSA) and human hemoglobin (Hb) was studied with UVeVis, fluorescence spectroscopy, circular dichroism (CD), and potential zeta measurement. More negative zeta potential values of the AgNPs-HSA / Hb complexes (-21.1 / -19.5 mV) than the AgNPs (-18.7 mV) indicate corresponding stability of the bioconjugates. The basic structure of HSA / Hb remained unchanged and the secondary structure was slightly modified during the interaction with AgNPs concluded from circular dichroism.

Nisha Gulati, Kamal Dua, Harish Dureja [126] in advanced drug delivery system for targeting obesity revealed Obesity treatment now includes traditional methods such as dietary changes, increased physical activity, lower calorie consumption, behavioral changes, pharmacotherapy, and surgical methods. Traditional anti-obesity treatments are less likely to be chosen as a result of their poor effects, unpredictable outcomes, and limitations. Nanocarriers, liposomes, nanostructured lipid carriers, gold nanoparticles, solid lipid nanocarriers, microneedles, and gene-based therapy are all advanced drug delivery systems for obesity treatment.

Ahmed Farhan Shallal , Muhammad Akram , Rasim Farraj Muslim , Mustafa Nadhim Owaid , Omar Qahtan Yaseen , Muhammad A. Chishti [127] in Bone tissue engineering using nanotechnology based drug delivery system revealed The scientific progress in the field of synthesis of nanomaterials with controlled sizes and shapes led to the development of tissue engineering. The low toxicity, unique properties and transferability of nanodrugs are important in overcoming obstacles to functional tissues and organs replacement. Among the materials used in the nanodrugs delivery are polymers, metals, ceramics and their various compounds. Tissue engineering envisages creating functional alternatives for the damaged tissue during integrated solutions, combining biological, engineering and medical principles. However, the regeneration of bones is one area where designing a model that mimics all properties of tissues remains one of challenges. Nanotechnology could open a new door allowing the nano-structures creations that are comparable in sizes to these seen in normal bones. Hence, nano-engineered systems are now capable to simulate the structures seen in the nature systems. Although the current requirements for pharmaceutical use appear to be sufficient to detect most of the adverse effects of nanoparticles formulations. It cannot be expected to discover all aspects of nanoparticles toxicology; hence, more specific tests may be required.

Ujjawal Bairagi , Brahmeshwar Mishra [128] in An update on the development of advanced drug delivery systems for the treatment of hyperthyroidism shows Thyroid hormone

production and functioning activities in the human body are interrupted in hyperthyroidism, which can be hereditary or acquired. Hyperthyroidism and also its related illnesses have attained growing public health problems across the world. To date, a variety of approaches have been used to manage and cure various disorders, such as systemic medication therapy and surgical methods. Existing therapies and alternatives for treating these illnesses, however, are limiting and inadequate, particularly when it comes to treatment response. As a result, it is essential to use efficient drug delivery systems to successfully treat hyperthyroidism illnesses while also reducing adverse drug effects. In this book chapter, we have outlined different options for the treatment of hyperthyroidism, such as conventional drug delivery, including oral and local delivery, responsive drug strategy, and nanocarriers-based drug delivery.

Isha Gupta , Sonia Gandhi , Sameer Sapra. [129] in Metal/metal oxide nanoparticles reinforced biocomposites for drug delivery reveals Over the past few years, nanotechnology and drug delivery have introduced a new class of composites, “nano-biocomposites,” due to their versatile properties such as increased oral bioavailability, high surface area, controlled drug release, and decreased toxicity with fewer side effects. The nano-biocomposite is made by dispersing metal or metal oxide nanofillers in the matrix of single biopolymer or blend of biopolymers. Most commonly used metal/metal oxide nanofillers are silver (Ag), zinc oxide (ZnO), magnetite (Fe_3O_4), aluminum oxide (Al_2O_3), and titanium oxide (TiO_2). This chapter presents an overview of nano-biocomposites preparation, characterization, and evaluation. It also discusses the recent research and development on deploying metal or metal oxide reinforced biocomposites for controlled drug delivery applications. Still, efforts are being made to evaluate the performance and overcome the limitations of nanofiller reinforced biocomposites.

Vaidegi Balaji, Gayathri Mahalingam [130] in Nanoparticles-based drug delivery to cure osteodegeneration by improving tissue regeneration reveals Osteoporosis is a degenerative disease with the porous bone condition, severe loss of bone density takes place due to the low calcium intake as well as aging. This leads to a high risk of fractures along with hormonal imbalance. The main drawbacks of the existing conventional therapies are their adverse side effects with some pharmacological concerns. Thus, upcoming studies should be focused on advanced treatment on inducing tissue regeneration with more efficacies. Nowadays, nanoparticles-based tissue regeneration has become a popular alternative for osteoporosis treatment due to its high efficiency. Nanoparticles bring an impact in recent days and serve as potential drug delivery to treat bone diseases. Recent studies have shown that nanoparticles like gold, silica, platinum, silver, cerium are commonly used for carriers as drug delivery together with growth factors for bone and tissue regeneration, bone grafting. Nanoparticles provide mechanical strength and allow tissue regeneration. Further, these nanoparticles induce osteoblast and osteoclast lineage when compared to conventional treatments. This chapter summarizes the applications of nanoparticles, recent advances, limitations, and their impact on the treatment of osteoporosis.

Tapan Ganguly et al.[131] showed the Interactive study of Au₂₀ nanocluster and methyl substituted amide linked tyrosine/tryptophan to develop representative model for studying protein-nanoparticle interaction highlighting Retainment of Haemoglobin's secondary structure in presence of Gold nanoparticle. Interactions of Au₂₀ nanocluster and Tyr/Trp- with methyl substituted amide bonds. Involvement of amide bonds and greater contribution of Tyr. Experimental and DFT calculated results are comparable. Towards development of representative model for protein-nanoparticle interactions.

Yue Li , Junfang Ke , Hongxin Jia , Jungang Ren , Li Wang , Zhiqiang Zhang , Chen Wang[132] concluded that Cancer cell membrane coated PLGA nanoparticles as biomimetic drug delivery system for improved cancer therapy highlighting A biomimetic PTX delivery system with a core-shell structure was established. CCM enabled the CCMNPs to achieve immune escape and homologous targeting. CCMNPs showed superior cellular internalization and antitumor efficiency.

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132. *Cancer cell membrane coated PLGA nanoparticles as biomimetic drug delivery system for improved cancer therapy by Yue Li, Junfang Ke, Hongxin Jia, Jungang Ren, Li Wang, Zhiqiang Zhang, Chen Wang.*

Chapter 2

Materials and Theoretical Techniques

2.1 THEORETICAL METHODS

2.1.1 RCSB PDB

RCSB PDB (RCSB.org) is the US data center for the global Protein Data Bank (PDB) archive of three-dimensional structural data for large biological molecules that include proteins, DNA, and RNA and are significantly important for educational research in various fields of biology.

PDB was established as the 1st open access digital data resource and presently PDB is a leading global resource for experimental data that lies central to fundamental scientific findings.

With the help of an internet information portal and downloadable data archive, PDB offers access to three-dimensional structural data for the biomolecules of common life forms.

The knowledge that will be obtained from three-dimensional structural information will immensely advance research and understanding in the fields of structural biology, structural bioinformatics, medicine, health and disease, energy production, metabolism and many more that are related to global prosperity and sustainability. The notable advancements in protein structure design and prediction may get enhanced by using deep learning and artificial intelligence methods.

2.1.2 MOLECULAR DOCKING

The molecular docking approach are performed at the atomic level to usually model the interaction between a small molecule and a protein. Docking analysis help to assess the behaviour of small molecules in the binding site of target proteins. The docking process include two fundamental steps: prediction of the ligand conformation as well as its position and orientation within these sites usually referred to as *pose* and evaluation of the binding affinity. Molecular docking generates different probable adduct structures that are then ranked and grouped together by scoring function of the software. The primary focus is to achieve ligand-receptor complex with optimized conformation and with the aim of possessing less binding free energy. The information obtained from the docking technique can be utilized to determine the binding energy, free energy and stability of complexes.[1, 2].

Large-scale benchmarks show that the cavity-focused docking can increase the hit ratio and accuracy of blind docking.

Accordingly, CB-Dock can enable the docking process and advance the accuracy by predicting the binding sites of target proteins using the curvature-based cavity detection method (CurPocket) and the binding poses of query ligands using AutoDock Vina.

2.1.4 SYNTHESIS AND CHARACTERIZATION OF GQD AND NGQD:

Synthesis of GQD

Pristine MWCNT were treated with a HNO₃/H₂SO₄ mixture in a 1:3 ratio (Donato et al., 2009); the mixture was placed in a reaction flask equipped with a condenser and the suspension was refluxed and sonicated in an ultrasonic water bath at 60 °C, for 4 days. The mixture was then diluted with deionized water and filtered under vacuum on 0,1 mm Millipore membrane. The filtrate was neutral-ized with NaOH and centrifuged at 3000 rpm. The resulting material was washed with deionized water until no salts were present in the washing solutions and dried at 60 °C under vacuum. The amount of carboxylic groups present on the nanomaterial was evaluated by Boehm titration, using NaHCO₃ as titrating agent (Oickle et al., 2010).

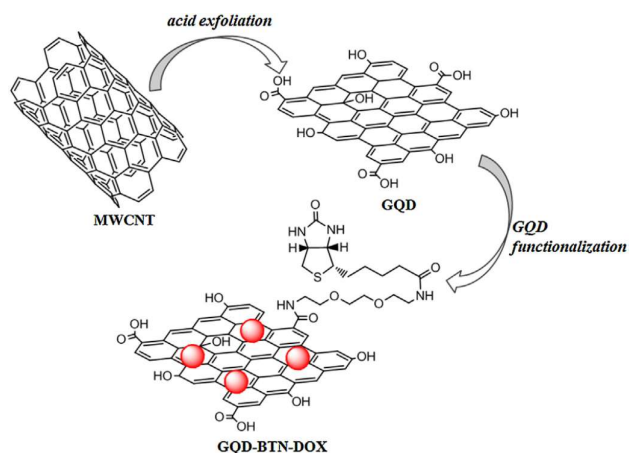


FIG2.1 : GQD for Tumor Targeted Doxorubicin Delivery

Synthesis of BTN

To a dispersion of biotin (0,409 mmol) in tetrahydrofuran, 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide hydrochloride (EDC_HCl 0.491 mmol) and triethylamine (0.491 mmol) were added and the mixture was left under stirring for 1 h. 1-Hydroxybenzotriazole (HOBt, 66 mg, 0.491 mmol) was added and the mixture was stirred for 1 h more; then, tert-butyl-2-(2-(2-aminoethoxy) ethoxy) ethylcarbamate, synthesized according to a previously reported procedure (Iannazzo et al., 2012), was added and the suspension was left under stirring for 24 h at room temperature. After removal of the solvent, CH₂Cl₂ was added and the organic phase was washed with water, dried over sodium sulfate, filtered, and evaporated to dryness. The residue was purified by MPLC on a silica gel column using as eluent a mixture of CH₂Cl₂/MeOH (9:1) to afford the BTN module protected at the amino functionality, in 95% yield. The N-BOC protected BTN module (70 mg, 0.147 mmol) was dissolved in CH₂Cl₂ and added with trifluoroacetic acid (TFA, 0.295 mmol); the solution was left under stirring at room temperature for 1 h. Then, toluene was added to form a TFA azeotrope and the solvent was removed under vacuum. The residue was purified by MPLC on a silica gel column using as eluent a mixture of CH₂Cl₂/MeOH (9:1) to afford BTN in 98% yield (see NMR data in Supplementary material).

Synthesis of GQD-BTN

To a solution of GQD (30 mg) in CH₂Cl₂, EDC_HCl (0.134 mmol) and 4-dimethylaminopyridine (DMAP, 0.134 mmol) were added and the mixture was left under stirring at room temperature for 30 min. 1-Hydroxybenzotriazole (HOBt, 0.134 mmol) was added and the mixture was stirred for 30 min. Then, a solution of BTN (0.134 mmol) in CH₂Cl₂ (10 mL) was added and the suspension was left under stirring for 4 days at room temperature. The resulting material was washed several times with CH₂Cl₂ and water and centrifuged at 3000 rpm until no organic materials were present in the washing solutions and dried at 60 °C under vacuum.

Synthesis of GQD-BTN-DOX and GQD-DOX

A solution of GQD-BTN or GQD (30 mg) in deionized water was stirred with a solution of doxorubicin hydrochloride (10 mg) in 10 mL of basic buffer solution at pH 7.4, at room temperature for 48 h. The solution was then centrifuged at 3000 rpm and the resulting material was washed several times with water until no drug was present in the washing solutions and dried at 60 °C under vacuum. The amount of unbound DOX was determined by measuring the absorbance at 490 nm, relative to a calibration curve recorded under the same conditions. The drug loading for GQD-BTN-DOX and GQD-DOX were found to be 16.6 wt% and 17,8% respectively.

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Chapter 3

Assessing the interaction of Graphene quantum dot (GQD) with bovine serum albumin (BSA): Theoretical approach

3.1 ABSTRACT

The present study reveals the amino acids present within BSA that are involved in interaction with GQD. The nature of amino acids as observed appear to be uncharged, polar, positively charged as well as negatively charged. This information may be helpful to develop Nano bio-conjugates, drug-delivery system, in bio-imaging, photo-physical and structural biology-based studies and many others.

3.2 INTRODUCTION

Bovine serum albumin (BSA), and human serum albumin (HSA) are different types of albumin proteins that have been studied widely so far^{1,2} and among them, BSA with 69 kDa molecular weight is a ubiquitous protein present in blood and has a half-life of almost 40-100 days in humans. Also, BSA has been used in wide-range of biomedical areas because of its drug-binding and delivery ability, non-toxicity, comparative low cost, biodegradability, good capability of chemical modification, group/molecular attachment sites. Furthermore, studies have shown that modification of BSA upon interaction with nanoparticles is mostly bio-safe and effective. Graphene quantum dots (GQDs)-based Nano hybrid materials have received immense attention³⁻⁵ in numerous research applications, especially in biomedical fields because of their unique physicochemical properties and outstanding biocompatibility compared to other nanomaterials. GQDs, is a member of the carbon family, comprising of single to few layers of graphene sheets with lateral dimensions of <10 nm. In general, GQDs have astonishing physico-chemical characteristics that are edge effects, non-zero band gap, and quantum confinement effects, by which they possess great potential in energy, electronic, and optical industry. Intriguingly, because of its superb properties like photo-stability, small size, biocompatibility, photo-physical properties, low synthesis cost, simple preparation, non-toxicity, GQDs exceed the conventional organic and semiconductor QD and contribute unprecedented opportunities for biomedical application. Additionally, GQD's monoatomic layer planar conjugate structure, greater specific surface area and surface functional groups can deliver noteworthy active sites to load and carry various drugs/genes/small molecules possibly through the π - π stacking interaction and/or electrostatic binding. Moreover, compared to graphene sheets, GQDs possess better biocompatibility and low toxicity there by enabling them more promising materials for biomedical application^{6,7,8}.

As such, we have also thought to check the theoretical interaction of GQD with BSA. Such interactions may also provide huge information regarding the use of GQD and BSA for multiple biomedical applications. The amino acids present within BSA, known to interact with GQD will also help to carry out photo-physical studies that may eventually reveal the biocompatible nature of GQD.

3.3 RESULTS

The three-dimensional structure of BSA considered for interaction-based study has been downloaded from RCSB PDB (PDB id- 4F5S)

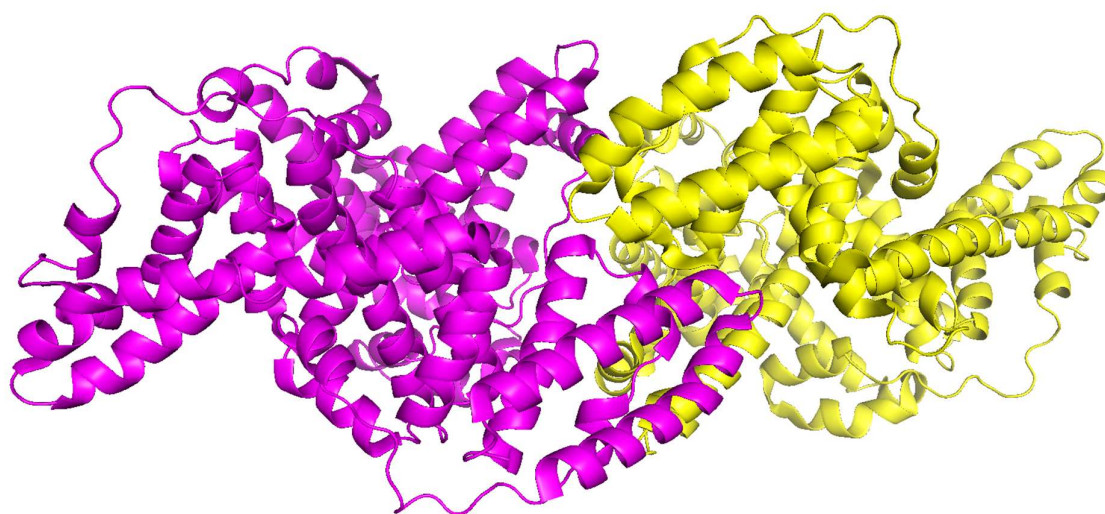


Fig 3.1 Structure of BSA (PDB id- 4F5S). Subunit A- magenta, subunit B- yellow

The structure of GQD (PubChem CID- 146000141) has a molecular formula $C_{57}H_{26}O_{11}$ and is represented in Fig. 3.2. As observed, the GQDs have oxygen containing functional groups like carboxyl and hydroxyl groups.

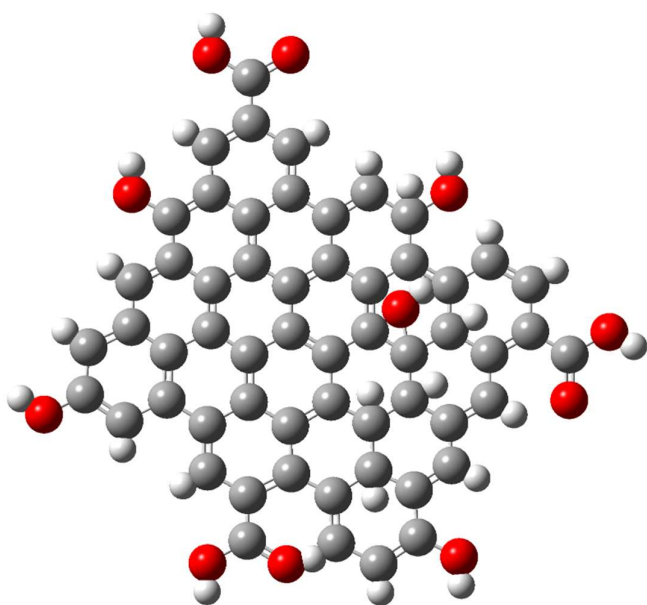


Fig 3.2 Structure of GQD (PubChem CID- 146000141)

As a next step we have studied the docking of BSA and GQD (ligand) using CB Dock program. CB-Dock software can find binding sites, adjusts docking box size and allows blind docking by Auto Dock Vina. Docking of BSA and GQD has been displayed in Fig. 3.3. The amino acid residues within 4 Å of docked GQD are assessed using PyMOL software and are represented in Fig.3.4, as observed, two amino acids from subunit A are involved in interaction with GQD. The ϵ amino group of Lys114 is involved in hydrogen bonding interaction with hydroxyl group of GQD with a bond distance of 2.8 Å. Also, the carbonyl group of Lys114 is at a distance of 3.5 Å with carboxyl group of GQD preferably due to formation of hydrogen bonding. In case of subunit B of BSA, the ϵ amino group of Lys114 is involved in hydrogen bonding interaction with hydroxyl group of GQD with a bond distance of 2 Å. Thus, Lys114 of both the subunit A and B of BSA, appears to interact with GQD. Moreover, the carbonyl group of Leu115 is at 4 Å from one of the six membered ring of GQD. Also, the CH₂ group of Lys116 is at 3.5 Å from one of the six membered ring of GQD. Furthermore, the CH group of the ring system present within of Pro119 is at 3.3 Å and the aliphatic CH₂ of Leu178 is at 3.3 Å from the carboxyl group of GQD. Also, the carboxyl side chain of Glu182 is at 3.3 Å with hydroxyl group of GQD possibly due to formation hydrogen bonding interaction. Not only that, the CH group of the ring system present within of Pro516 is at 3.8 Å from one of the six membered ring of GQD. Also, the side chain hydroxyl group of Thr518 is at 2.7 Å with carboxyl group of GQD preferably due to formation of hydrogen bonding interaction. Lastly, the side chain carboxyl side chain of Glu519 is at 3.9 Å with hydroxyl group of GQD possibly through hydrogen bonding interaction.

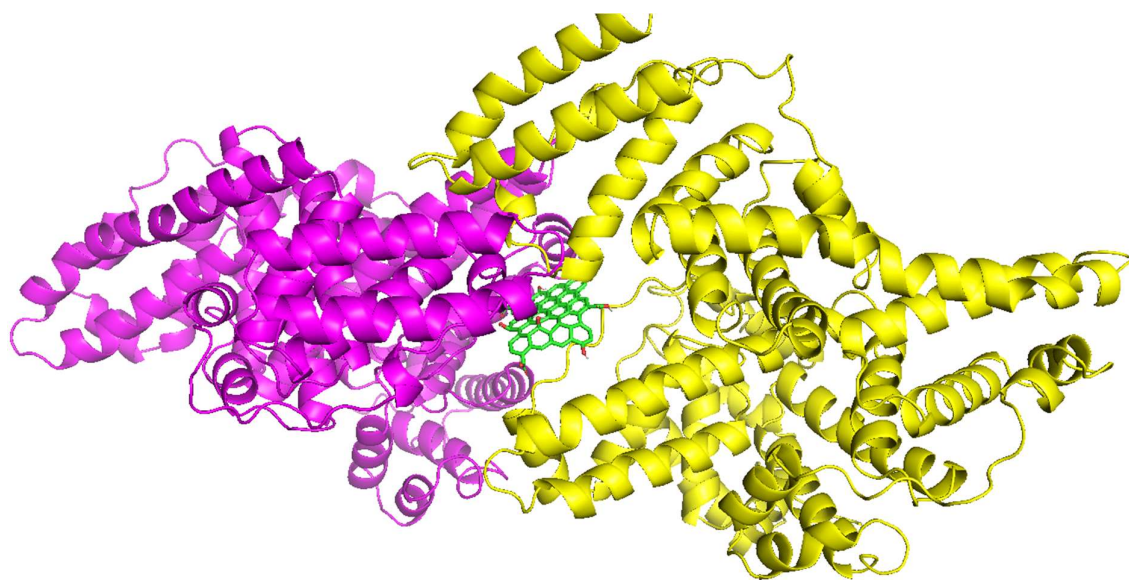


Fig 3.3 Docked structure of BSA and GQD

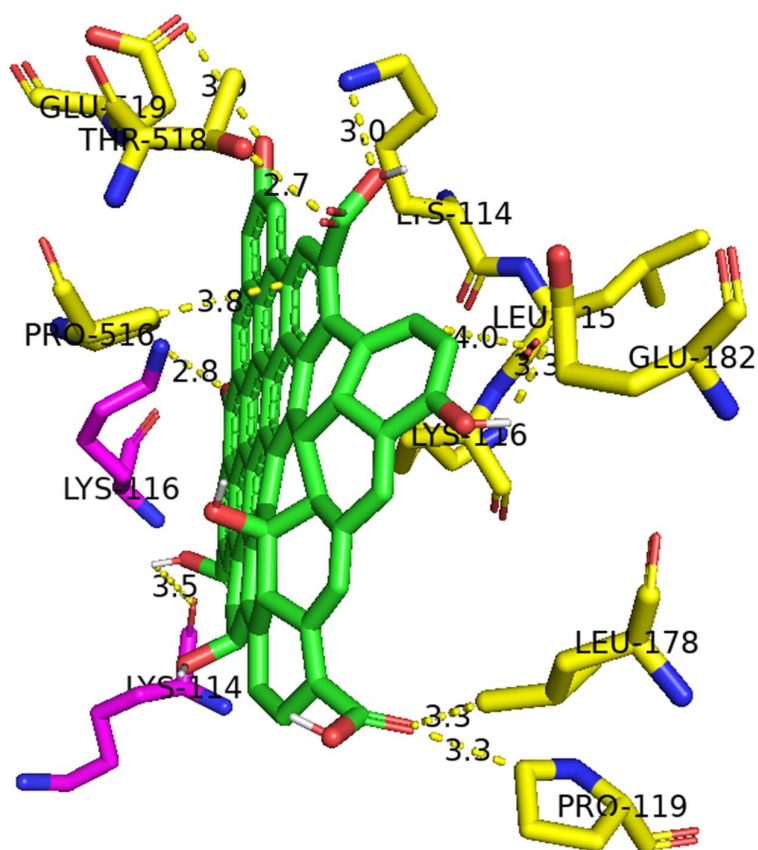


Fig 3.4 Amino acids involved in docked structure of BSA and GQD

3.4 CONCLUSIONS

The study reveals the amino acids present within BSA are primarily involved in interactions with GQD. The information from the studies may immensely useful to develop Nano bio-conjugates, drug-delivery system, bio-Nano sensors etc.

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Chapter 4

Assessing the interaction of Graphene quantum dot (GQD) with human serum albumin (HSA): Theoretical approach

4.1 ABSTRACT

The present work demonstrates that the amino acids present within HSA are primarily involved in interactions with GQD. Amino acids of subunit B and not subunit A are only involved in interaction with GQD. Moreover, the amino acids involved in interaction with GQD are much more for HSA compared to that of BSA. The nature of amino acids found for both BSA and HSA shall enormously useful towards successful development of nano-bioconjugates, biosensors, drug-delivery system, bioimaging, structural biology-based devices etc.

4.2 INTRODUCTION

Among all vertebrate serum albumin is the most abundant protein in the blood plasma [1-5] that is synthesized as pre-pro-albumin in the liver and then secreted from the hepatocytes after maturation in the endoplasmic reticulum and the Golgi bodies [5,6]. Human serum albumin (HSA) maintains a plasma concentration of 35–50 mg/mL [6,7] and it is present in both extravascular and intravascular spaces [7,8]. Albumin executes a plethora of vital functions. It controls the pH and oncotic pressure of the blood [5]. HSA also transports numerous bioactive molecules, including amino acids, peptides, proteins, fatty acids, metal ions, drugs, nutrients, and hormones [6,9]. These characteristics enable albumin an outstanding candidate for various biotechnology-based applications. Accordingly, HSA is known to have ligand binding properties and possibly the ligand-binding sites are the key targets of HSA-based cargo delivery [9, 10]. High-resolution structural imaging along with biochemical and biophysical studies of HSA have suggested three ligand binding sites [11].

Moreover, complicated, and costly synthetic procedures, complex surface properties, poor solubility and biocompatibility and cellular uptake constrain the use of carbon nanomaterials in the biological field. To overcome the above confinements, the graphene quantum dots GQDs (unlike other carbon nanomaterials) has appeared with certain advantages such as simple synthesis protocol including green synthesis, suitable size, biocompatibility, and solubility. Since GQDs are nano-sized and biofriendly, thus they have displayed important biological and especially biomedical properties [12-29].

Accordingly, we have thought to check the theoretical interaction of GQD with HSA. Such interactions may also offer vast facts related the usage of GQD and HSA for numerous biomedical applications. The nature of amino acids that are present within HSA, and are

observed to interact with GQD will also help to carry out photophysical studies that may eventually reveal the biocompatible nature of GQD for potential biomedical application. Also, our study may help to develop potential nano-bioconjugates that may possess unique biomedical properties.

4.3 RESULTS

The three-dimensional structure of HSA taken for interaction-based study has been downloaded from RCSB PDB (PDB id- 1AO6)

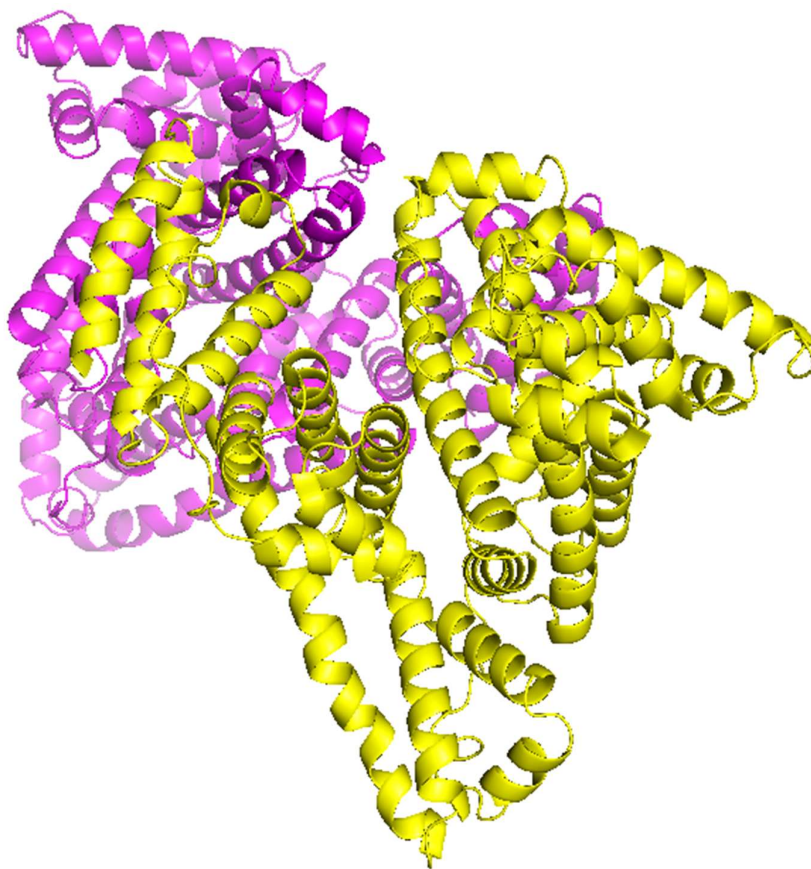


Fig 4.1 Structure of HSA (PDB id- 1AO6). Subunit A- magenta, subunit B- yellow.

The structure of GQD (PubChem CID- 146000141) has a molecular formula $C_{57}H_{26}O_{11}$ and is represented in Fig. 4.2. As noted, the GQDs have oxygen containing functional groups like carboxyl and hydroxyl groups that help them to interact with different molecules for wide-range of biomedical applications.

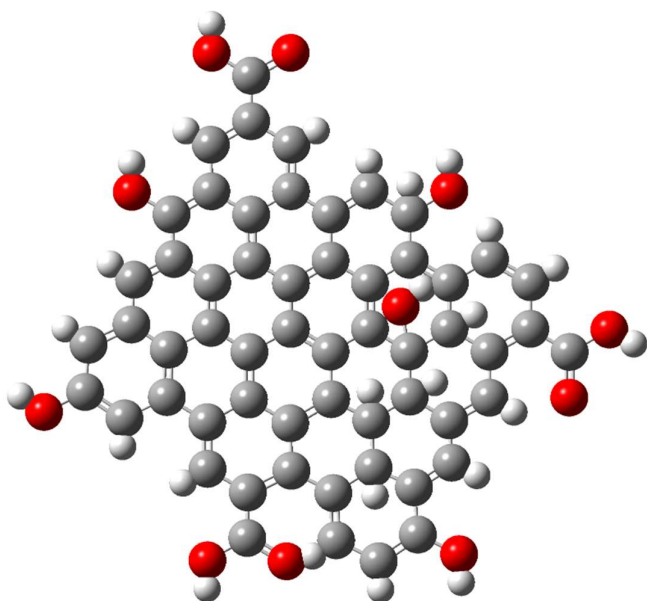


Fig 4.2 Structure of GQD (PubChem CID- 146000141).

As a next step we have studied the docking of HSA and GQD (ligand) using CB Dock program. CB-Dock software can find binding sites, adjusts docking box size and allows blind docking by AutoDock Vina. Docking of HSA and GQD has been displayed in Fig. 4.3. The amino acid residues within 4 Å of HSA docked with GQD are assessed using PyMOL software and are shown in Fig. 4.4. Interestingly, only amino acids from subunit B appear to interact with GQD. The carbonyl group of Ala191, the amino group of Ser192 and the ϵ -amino group of Lys195 appear to interact with the same carboxyl group of GQD preferably through hydrogen bonding interaction with a bond distance of 2.1 Å, 3.9 Å and 3.6 Å respectively. Also, the CH₂ group of Glu188 interacts with the hydroxyl group of GQD with a bond distance of 3.8 Å. The guanidino group of Arg218 and side chain carboxyl group of Gln221 interacts with the carboxyl group of GQD with a bond distance of 3.8 Å and 3.7 respectively. The C=O group of amide side chain of Asn225 is at a distance of 3.3 Å with the hydroxyl group of GQD preferably through hydrogen bonding interaction. The backbone C=O of Pro339, backbone C=O group of Tyr341 and side chain CH₂ group of Val343 is at 3.2, 3.7 and 3.9 Å respectively with carboxyl group of GQD. The ϵ -amino group of Lys436 and sulfhydryl group of Cys448 are observed to interact with hydroxyl group of GQD with a bond distance of 3.7 Å in both the cases. The ϵ -amino group of Lys439 and Lys444 is noted to interact with two different hydroxyl group of GQD with a bond distance of 3.6 and 3.7 Å respectively. The CH₂ present within the imidazole ring of His440 and ring of Pro447 interacts the six membered ring system of GQD with a bond distance of 3.7 and 3.5 Å respectively. The carboxyl side chain of Asp451 is at 3.9 Å from the hydroxyl group of GQD. Also, the CH₂ of aromatic ring of Tyr452 is at 3.7 Å with the six membered ring system of GQD. The side chain CH₂ of Val455 is at 3.9 Å carboxyl group of GQD.

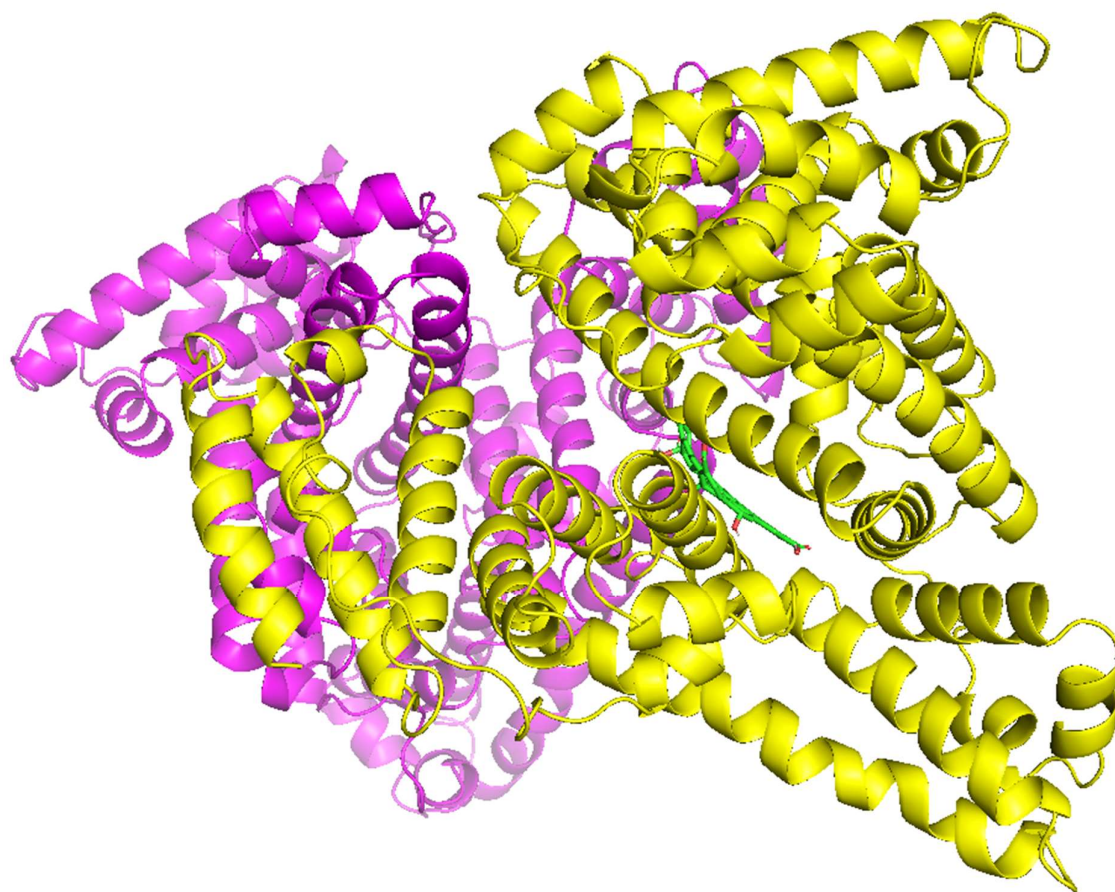


Fig 4.3 Docked structure of HSA and GQD

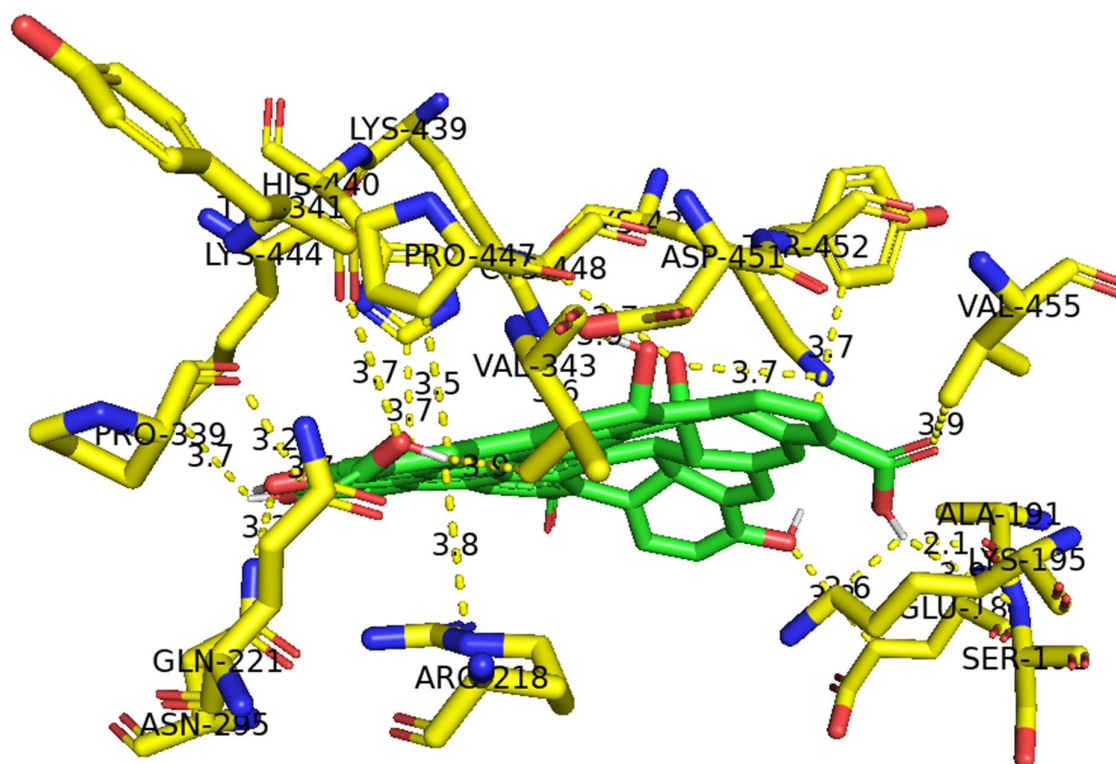


Fig 4.4 Amino acids present within HSA that involved in interaction with GOD

4.4 CONCLUSIONS

The present work reveals the amino acids present within HSA that are involved in interaction with GQD. The nature of amino acids as observed appear to be uncharged, polar, positively charged as well as negatively charged. Moreover, amino acids of subunit B and not subunit A are only involved in interaction with GQD. Furthermore, the amino acids involved in interaction with GQD is much more for HSA compared to that of BSA. The nature of amino acids found for both BSA and HSA shall enormously help towards successful development of nano-bioconjugates, biosensors, drug-delivery system, in bioimaging, structural biology-based study and many others.

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Chapter 5

Future Scope of Work

FUTURE SCOPE OF WORK

In the past three years, several new technologies have been developed for the treatment of all kinds of diseases. The application of nanotechnology in the development of Nano carriers for drug delivery arouses much hope and enthusiasm in the field of drug delivery research. Benefits that exhibit higher intracellular absorption than the other conventional form of drug Delivery systems. Nano machines are also in principle in the research and development phase, but some molecular machines have been tested. An example is a Nano-robot that can penetrate the various biological barriers of the human body to identify cancer cells. Nano-drug distribution systems will, therefore, play a prominent role in nanomedicine soon. There is no doubt that photo-physics and photochemistry will play a central role in solving the life-threatening diseases of the 21st century. To combat this crisis, it is imperative to develop new bio-Nano conjugate systems to produce drug delivery devices. Research with the protein and its combination with newly synthesized nanomaterials such as quantum dots of precious metals, semiconductors, mesoporous silica would be very helpful in designing highly efficient, stable, and cost-effective drug delivery systems. Low costs that can be biocompatible and bio-safe. Nano carriers can also be combined with a ligand such as an antibody to promote a targeted therapeutic approach. The development of a much deeper understanding of how complex interactions between electronic and physical interactions of active components ultimately affect the performance of these devices is most promising challenge. The protein in combination with quantum dots of precious metals, semiconductors, and mesoporous silica is expected to be useful in developing highly stable drug delivery systems and our future research is focused in this way. For example, effective, biocompatible, and, at the same time, cost effective drug delivery devices could be designed to combat life-threatening diseases.

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