

Ex/ARTS/PHED/UG/MINOR/TH/12/102/2024

**Jadavpur University**  
**Bachelor of Arts Examination, 2024**  
**1st Year, 2nd semester**  
**Department of Physical Education**  
**Subject: Psychological aspect of Physical Education (Theory)**

**Time: 2 hrs.**

**Full Marks-30**

**Answer any six questions of the following:**

**6x5= 30**

1. Define Psychology.
2. Explain the psychological factors which are affecting the sports performance.
3. What do you mean by Sports Psychology?
4. Explain the importance of sports psychology in the field of Sports and Physical Education.
5. Define socialization.
6. What are the social advantages a student can gain by participating in sports on a regular basis?
7. Elaborate the concept of Socialization through Sports.
8. Categorically discuss different Branches of Psychology.
9. Critically analyze the importance of Sports in General Education.