

MASTER OF PHYSICAL EDUCATION EXAMINATION, 2023

(2nd Year, 4th Semester)

PSYCHOLOGY AND SOCIOLOGY OF SPORTS

PAPER - MPCC - 402

Time : Three hours

Full Marks : 70

Group - A

Answer **any three** questions: 15×3=45

1. What is meant by Sports Psychology? Discuss the need of the knowledge of Sports Psychology in Physical Education with examples. 5+10=15
2. What is meant by Aggression? Elaborate about the concept of Aggression from the views of Physical Education. 5+10=15
3. What is meant by Sports Sociology? Discuss about the concept - Sports as a means of Socialisation - with suitable examples. 5+10=15
4. What is meant by Social Group? Classify the social groups with suitable example. Elucidate the phenomenon of Group Dynamics from the contest of Sports. 3+4+8=15
5. What is meant by Personality? Explain the psychological concept of "Personality" from Sport point of view and vice-versa. 5+5+5=15

Group - B

Write short notes on **any two** of the following : 7.5×2=15

6. Motor Perception
7. Goal Setting
8. Sports as Social Institution
9. Women and Sports

Group - C

10. Answer **any ten** with the correct option: 1×10=10

- i) The simplest form of cognition is:
 - a) Conception
 - b) Perception
 - c) Sensation
 - d) Introjection
- ii) Which of the following is an intrinsic motivator?
 - a) Readiness
 - b) Momeostasis
 - c) Feedback
 - d) Interest
- iii) Body mind relationship was promulgated by:
 - a) Socrates
 - b) Plato
 - c) Aristotle
 - d) Descarte

[Turn over

- iv) General Adaptation Syndrome - the pioneering concept of stress was propounded by:
- a) Walter B Cannon
 - b) Hans H B Selye
 - c) Ivan P Pavlov
 - d) Sigmund S Freud
- v) The most suitable definition of Personality was given by:
- a) Raymond B Cattell
 - b) Gordon W Allport
 - c) Hans J Eysenck
 - d) Carl G Jung
- vi) Which of the following is not the characteristics of extrovert personality?
- a) Sociable
 - b) Leadership Ability
 - c) Aggressive Temperament
 - d) Day Dreaming
- vii) Feeling of sacrifice and co-operation among the members remain which one among the following groups?
- a) Out-group
 - b) Reference group
 - c) In-group
 - d) Peer group
- viii) The first professional psychologist appointed with term in Olympic was in:
- a) 1980, Moscow
 - b) 1984, Los Angeles
 - c) 1988, Seoul
 - d) 1992, Barcelona
- ix) Sport is regarded from the women's perspective as:
- a) Gender identity
 - b) Gender right
 - c) Gender equality
 - d) Gender domination
- x) The group that provides experiences based on lack of intimacy is called:
- a) Primary group
 - b) Secondary group
 - c) Tertiary group
 - d) Reference group
- xi) Achievement motivation relates to a person's :
- a) Need
 - b) Knowledge
 - c) Experience
 - d) Aptitude
- xii) **Direction:** In the question given below are two statements labelled as Assertion (A) and Reason (R). In the context of the two statements, which one of the following is correct?
- Assertion (A)** People are unique creatures because of their ability to use symbols.
- Reason (R)** Human society consists of people engaging in symbolic interaction.
- a) A is false, but R is true
 - b) A is true, but R is false
 - c) Both A and R are true and R is the correct explanation of A
 - d) Both A and R are true, but R is not the correct explanation of A