

MASTER OF PHYSICAL EDUCATION EXAMINATION, 2023

(1st Year, 1st Semester)

TESTS, MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION

PAPER - MPEC - 101

Time : Three hours

Full Marks : 70

Mention the Question number clearly before writing the answer.

Group - A

Answer **any three** questions:

15×3=45

1. Differentiate Test, Measurement and Evaluation. Explain the need and importance of Test, Measurement and Evaluation in Physical Education and Sports. 6+9=15
2. Explain the various steps for administration of Kraus Weber Minimum Muscular Fitness Test and AAPHER Youth fitness test. 6+9=15
3. What is anaerobic & aerobic capacity? Explain about the Margaria-Kalamen Power Test. Explain Beep Test. 4+5+6=15
4. Explain either Barrow Motor Ability Test or AAHPERD Health Related Fitness Battery and describe the Harvard Step Test. 7+8=15
5. Describe the Miller Wall Test and Mc-Donald Soccer Test. 9+6=15

Group - B

Write short notes on **any two** of the following :

7½×2=15

6. Criteria of a good Test;
7. Russel-Lange Volleyball Test;
8. Harban's Hockey Test;
9. Kinesthetic Perception & Reaction Ability Test.

Group - C

10. Answer **any ten** questions :

1×10=10

- i) A test is considered to be reliable if it has –
 - (a) Comparability
 - (b) Continuity
 - (c) Commonality
 - (d) Consistency
- ii) The Instrument to measure height is called :
 - (a) Vernier caliper
 - (b) Dynamometer
 - (c) Stadiometer
 - (d) Goniometer

- iii) When the reliability and validity of a test have already been established, it is called :
- (a) Objective test (b) Teacher-made test
(c) Standardized test (d) Subjective test.
- iv) The father of anthropometry is :
- (a) Boron Quetelet (b) Martens
(c) Spielberger (d) Carron.
- v) The evaluation which is undertaken during the course of training is called :
- (a) Summative evaluation (b) Creative evaluation
(c) Formative evaluation (d) Normative evaluation
- vi) Range of movement present at body joints refers to :
- (a) Muscular endurance (b) Muscular strength
(c) Flexibility (d) Agility
- vii) The quality of the test is “what is claim to measure” is ?
- (a) Reliability (b) Validity
(c) Objectivity (d) Usability
- viii) The first and most important step in making a test is :
- (a) Collecting context (b) Defining objectives
(c) Determining process (d) Proper planning
- ix) The basic function of educational measurement is to find out student’s :
- (a) Achievement (b) Attitude
(c) Habits (d) Interest
- x) If a criterion reference test is reliable, then scores from the test are :
- (a) Useful (b) Standardized
(c) Consistent (d) Valid
- xi) The AAHPER (American Alliance for Health, Physical Education and Recreation) youth fitness test was formed in :
- (a) 1965 (b) 1956
(c) 1975 (d) 1957
- xii) Basically Miller Wall Volley Test was developed for College Men & Women but appropriate for :
- (a) School Boys (b) Secondary school students
(c) College Men (d) College women