

**BACHELOR OF PHYSICAL EDUCATION EXAMINATION, 2023**

( 2nd Year, 3rd Semester )

**PSYCHOLOGY AND SOCIOLOGY IN PHYSICAL EDUCATION AND SPORTS**

**PAPER - CC - 303**

Time : Three hours

Full Marks : 70

*Mention the Question number clearly before writing the answer.*

**Group - A**

Write **any three** questions:

15×3=45

1. Define Psychology and Sociology. What are the branches of psychology related to Physical Education? How the knowledge of Psychology helps the teachers of Physical Education? – Explain. 4+3+8=15
2. Differentiate between Growth and Development. Mention Stages of Development. Explain. 4+2+9=15
3. Define Attention and Interest. What are the characteristics of Attention? Discuss the factors of attention with proper example from Physical Education and Sport. 4+3+8=15
4. Discuss the importance of sports in modern society. How do culture affects people's lifestyle? 7+8=15
5. Define learning. What are the characteristics of learning? Explain the phenomenon of learning curve. 3+4+8=15

**Group - B**

Write short notes (**any two**) :

7½×2=15

6. Motivation and sport
7. Culture and sport
8. Play theories
9. Socialisation through Physical Education and Sport.

**Group - C**

10. Write (**any ten**) questions (with the correct option) :

1×10=10

- i) The movement of a newly born child is largely controlled by :
  - (a) Reflexes
  - (b) Instincts
  - (c) Sentiments
  - (d) Emotions
- ii) The two factor theory of motivation is given by :
  - (a) Maslow
  - (b) Jung
  - (c) Alderfer
  - (d) Harzberg

[ Turn over

- iii) The leader who allows complete freedom in decision making :
- (a) Autocratic (b) Democratic  
(c) Laissez fair (d) None of the above
- iv) Cultural traits are formed on the basis of :
- (a) Needs of life (b) Needs of religion  
(c) Needs of economic development (d) Needs of political advancement
- v) Who is regarded as the 'father' of modern Psychology ?
- (a) Sigmund Freud (b) Ivan Pavlov  
(c) John B. Watson (d) Wilhelm Wundt.
- vi) A society includes a number of groups of people who interact on the basis of :
- (a) Shared beliefs (b) Customs  
(c) Values and rules (d) All of the above
- vii) The sociological meaning of social change refers to change in :
- (a) Society (b) Institution  
(c) Association (d) Social relationships
- viii) 'Past is the key to play' is the main concept of :
- (a) Surplus energy theory (b) Recapitulation theory  
(c) Anticipatory theory (d) Social conduct theory
- ix) Introvert and extrovert personality classification was made by :
- (a) Allport (b) Sheldon  
(c) John Dewey (d) Carl Jung
- x) Sports performance is the bi-product of :
- (a) Skill (b) Conditional ability  
(c) Total personality (d) Tactical ability
- xi) Which one is the simplest form of cognition ?
- (a) Conception (b) Perception  
(c) Sensation (d) Affection
- xii) Body mind relationship was first promulgated by :
- (a) Socrates (b) Plato  
(c) Hitler (d) Home