

**BACHELOR OF PHYSICAL EDUCATION EXAMINATION, 2023**

( 1st Year, 2nd Semester )

**PSYCHOLOGICAL ASPECTS OF PHYSICAL EDUCATION**

**PAPER - CBCS/UG/GE/2.12**

Time : Two hours

Full Marks : 30

**A.** Answer *any two* questions of the following: 2×10=20

1. Define the term psychology? Discuss how psychological factors affect sports performance. 2+8
2. “Physical Education helps in the process of socialization” – Explain. 10
3. Define sports psychology. Write down the importance of sports psychology in the field of physical education. 2+8

**B.** Write short note (*any two*): 2×5=10

4. Impact of sports on society
5. Sports Sociology
6. Sports Psychology
7. Branches of Psychology