

(2)

Ex./B.ED/1.1/106/2017

- (c) What is 'Strokes'? State (+)vc and (-)vc strokes? State the tips n giving (+)vc and (-)vc strokes.  $2+2+3=7$
- (d) What is meant by self-esteem? What are the features 7(+ve self-esteem?  $7$
- (e) Discuss the role of teacher in promoting life skills education and secondary education.  $7$
- (f) What is conduct disorder? What are the characteristics of conduct disorder?  $2+5=7$
3. Answer any **five** in about 60 words :  $2 \times 5 = 10$
- (a) What is ICD?
- (b) Define Mental Health by WHO?
- (c) Mention the ten core life skills prescribed by WHO.
- (d) State the difference between Anxiety and Fear.
- (e) State the 'Johari Window'.
- (f) What is 'Resilience'?
- (g) Mention the two main symptoms of Schizophrenia.

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**BACHELOR OF EDUCATION EXAMINATION, 2017**

(1st Year, 1st Semester)

**Childhood and Growing up : Mental Health Problems  
and Life Skills Education for Growing Up**

Course : B.Ed - 1.1

(2nd Half)

Time : Two hours

Full Marks : 50

1. Answer any **one** of the following questions :  $12 \times 1 = 12$
- (a) Define OCD? What are its different types? Discuss the role of teacher for OCD students.  $4+3+5=12$
- (b) What is 'empathy'? What are the difference between sympathy and empathy? Discuss the importance of empathy in school education.  $2+5+5=12$
2. Answer any **four** from the following in about 250 words each :  $7 \times 4 = 28$
- (a) What is suicide? What are the warning signs of suicide?  $3+4=7$
- (b) Define interpersonal conflict? State the relationship among conflict resolution style, personal aims and interpersonal relation.  $4+3=7$

(Turn Over)