

MASTER OF PHYSICAL EDUCATION EXAMINATION, 2022

(2nd Year, 4th Semester)

Psychology and Sociology of Sports

PAPER - MPCC - 402

Time : Three hours

Full Marks : 70

Answer any three questions from the following.

15 X 3=45

1. What is meant by Sports Psychology? Explain the importance of Sports Psychology with the example from the situations of Physical Education. 5+10=15
2. What is meant by Motor Learning? Explain the basic considerations of two Motor Learning theories with example. 3+12=15
3. Define aggression. Discuss different types of aggression. Explain the influence of aggression on sports performance. 3+6+6=15
4. Define Group. Explain the different types of Group. What is meant by Group Cohesion? 2+6+6=15
5. What is meant by Sports Sociology? Explain the scope and importance of Sports Sociology. 5+10=15

Group – B

Explain any two questions from the following.

7.5 X 2=15

6. Anxiety and Sports performance.
7. Gender inequalities in Sports.
8. Sports as a Social Institution.
9. Leadership and Sports.

[Turn over

Group - C

10. Choosing the right option, answer any ten questions from the following . 7.5 X 2=15

i) The simplest form of cognition is :

- a) Conception b) Perception c) Sensation d) Affection.

ii) _____ is an intrinsic motivator.

- a) Pay b) Promotion c) Feedback d) Interest of play.

iii) Achievement motivation relates to:

- a) Need of the person b) Knowledge of the person
c) Experience of the person d) Aptitude of the person.

iv) A person, motivated by the enjoyment of performing a task is high in:

- a) Self-esteem b) Need for achievement c) Extrinsic motivation d) Intrinsic motivation

v) An internal state or condition that activates and gives direction to thoughts is called:

- a) Motivation b) Emotion c) Aggression d) None

vi) The underlying motivation for acts of aggression is:

- a) Intent to harm b) Anger c) Retaliation d) Need to exert control

vii) _____ is regarded as the father of Sociology

- a) Comte b) Durkheim c) Spencer d) Cooley

viii) 'Man is a social animal', postulated by:

- a) Comte b) Aristotle c) Plato d) Karl Marx

ix) _____ is a socially defined position in a group and/or society.

- a) Role b) Interaction c) Status d) Deviance

x) _____ denotes the functional significance of the actor for the social system.

- a) Status b) Action c) Mores d) Role

xi) A _____ may be defined as a plurality of individuals who are in contact with one another

- a) Group b) Institution c) Social structure d) Society

xii) A social group is _____ in nature.

- a) Static b) Dynamic c) Spontaneous d) Co-operative