

Bachelor of Arts Examination, 2022

1st year, 2nd Semester

Department of Physical Education

Subject: Psychological Aspects of Physical Education

Paper: CBCS/GE/2.21

Full Marks: 30

Duration: 2 Hours

A. Answer *any two* questions of the following:

10×2=20

1. What do you mean by Psychology? Discuss how Psychological factor affecting sports performance? 2+8
2. Define Sports psychology. Write down the Important of sports psychology. 2+8
3. Discuss how Physical Education helps in the process of socialization? 10

B. Write short note (*any two*):

5×2=10

4. Impact of sports on society
5. Discuss concept of Sports Sociology
6. Discuss concept of Sports Psychology
7. Socializing Agencies