

BACHELOR OF EDUCATION EXAMINATION, 2018

(2nd Year, 4th Semester)

GUIDANCE AND COUNSELLING**OPTIONAL COURSE : B.ED. 4.11**

Time : Two Hours

Full Marks : 50

- e) Discuss the teachers and school related causes of mental health problems among schoolgoing children. 3+4=7
- f) Write a short note on CBT. 7
3. Answer **any five** of the following in about 60 words each :
2×5=10
- a) What are the major aims of student centric counselling ?
- b) What is DSM ?
- c) What is EMDR ?
- d) Mention important don'ts for a teacher as a counselor during counseling.
- e) Mention the main two symptoms of schizophrenia.
- f) What is meant by somatoform disorder ?
- g) What is ODD ?

1. Answer **any one** of the following : 12×1=12
- a) What are the difference between Guidance and Counselling ? Discuss the quality of a good counselor.
6+6=12
- b) Mention the identification criteria of depressive disorder. Discuss the role of teacher as a counselor for the students who are suffering from depression. 6+6=12
2. Answer **any four** of the following in about 250 words each :
7×4=28
- a) Explain the role of teacher as a counselor for the students who are suffering from conduct disorder. 7
- b) Explain the myths and facts about suicide. 7
- c) What is mindfulness ? What are the benefits of mindfulness ? 3+4=7
- d) What is ADHD ? Discuss the role of teacher as a counselor for the students who are suffering from ADHD.

3+4=7

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