

MASTER OF PHYSICAL EDUCATION EXAMINATION, 2019

(2nd Year, 4th Semester)

PSYCHOLOGY AND SOCIOLOGY OF SPORTS**COURSE CODE - MPCC-402**

Time : Three hours

Full marks : 70

GROUP - AAnswer *any three* questions :

- d) Cognitive counflication
- viii) The sequence of perceptual mechanism is—
- Sensation → Fransmission → Filteating → Perception
 - Sensation → Filtration → Transsmission → Perception
 - Perception → Flitration → Transmission → Sensation
 - Filtration → Transmission → Sensation → Perception
- ix) Dimensions of eupowerment are of—
- two
 - three
 - Four
 - Five
- x) Psychology in frue sense. means—
- study of human behaviour
 - study of human behaviour and cognitive process.
 - Study of behavior of inhabitats
 - Study of behavoieur of and cognitive processes of inhabitats.
- xi) Learning in a
- Process
 - Product
 - Process and the product
 - Relaxation

1. What do mean by motor learning ? How motor learning takes place ? Explain in brief . Discuss the basic considerations of motor lrarning. 3+6+6=15
2. Define motivation. Classify motivation with example. Explain the role of teacher as a motivator in physical education and sports. 3+5+7=15
3. What is leader ship. Classify leadership with salieut features. Discuss the relationship between leadership and sports performance. 3+6+6=15
4. What do you mean by sports as a social institution ? Explain the sports participation history of women in 20th century India. Narrate the features of Tender equality in sports. 3+6+6=15

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5. What is meant by goal setting ? What are the basic considerations of goal setting ? Explain how games and sports is used as a process of developing goal setting attitude of a person ? $3+4+8=15$
 $10+5$

GROUP - B

6. Write short notes on *any two* of the following : $7.5 \times 2 = 15$
- a) Personality
 - b) Aggression and sports
 - c) Sports and Politics
 - d) Sports for empowerment

GROUP - C

7. Write the correct option (any ten) : $1 \times 10 = 10$
- i) _____ is the least cohesive group
 - a) A gathering at the railway platform
 - b) A football team
 - c) A relation group
 - d) A political party
 - ii) Society deals with—
 - a) Human unconscious behaviour
 - b) Group unconscious behaviour

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- c) Behaviour of different types of human being
- d) Group behaviour in different situations
- iii) According to Freud's personality theory 'id' is—
 - a) physical
 - b) Mental
 - c) Biological
 - d) Sociological
- iv) The first experiment of psychology as a science was done by—
 - a) Wilhelm Reich
 - b) Wilhelm Wundt
 - c) Wilhelm Roussin
 - d) Wilhelm Steinitz
- v) Who is the proponent of social cognitive theory ?
 - a) Albert Bandura
 - b) Carl Rogers
 - c) R.L. Thorndike
 - d) Ivan Pavlov
- vi) Group depression happens due to any
 - a) Recognition of other group
 - b) Deceit to any group
 - c) R.L Thorndike
 - d) Ivan Pavlov
- vii) Cognitive restructuring means
 - a) Contemplation of the cognition
 - b) searching back to the previous cognitive scheme
 - c) Making a new cognition