

(2)

Ex:BED/1.1/106/2019

BACHELOR OF EDUCATION EXAMINATION, 2019

(1st Year, 1st Semester)

EDUCATION

**Childhood and Growing up : Mental health Problems and
Life Skills Education for Growing up**

Course : B.ED - 1.1

Time : Two hours

Full Marks : 50

(2nd Half)

1. Answer any **one** of the following : 12x1=12
 - (a) Discuss in brief about Suicide, mentioning the major causes behind It? What are the warning signs of suicide? What is the Role of a Teacher in prevention of suicide among the students ? 8+4
 - (b) What is Self-awareness ? How can you develop self-esteem among your students ? 4+8

2. Answer any **four** of the following in about 250 words each :
 - (a) Critically explain the importance of Life Skills in promotion of mental health among the School-going children. 2+7

- (b) What is OCD? How would you help an OCD student as a teacher?
 - (c) What is Anxiety? Mention the different types of anxiety related disorder. Discuss in brief, the symptoms of GAD. 2+2+3
 - (d) What is CD? Evaluate the role of Teacher for CD students. 3+4
 - (e) What is meant by **Stroke**? Explain the different types of Strokes with suitable example. 2+5
 - (f) What is Empathy? What are the traits of empathy? What is the difference between Sympathy and Empathy? 2+2+3
3. Answer any **five** in about 60 words each : 2x7
- (a) What is ODD?
 - (b) What is ICD?
 - (c) What are the main symptoms of Schizophrenia?
 - (d) What is EMDR?
 - (e) Mention the major symptoms of Depression.
 - (f) What is Social phobia?
 - (g) What is bipolar disorder?

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(Turn Over)