

A STUDY ON CONTRIBUTION OF NETAJI SUBHAS NATIONAL INSTITUTE OF SPORTS (NSNIS) TOWARDS IMPROVEMENT OF PERFORMANCE SPORTS IN INDIA

Abstract

Introduction: A case study is an in-depth analysis of different aspects of a person, organization and institution. Present research was a case study. Since beginning in 1961 Netaji Subhas National Institute of Sports has developed in area of functioning and size to contribute necessary impetus for performance sports of the country. It is, therefore, interesting and essential to study and analyze the role of National Institute of Sports for development of National Sports performance in international competition during last 55 years. With this motive the present study has been planned. Basic purpose of this study was to analyze the effective contribution towards improvement of coaching education in sports in India.

Objective: The main objective of this study was to know the contribution of NSNIS towards improvement of performance sports in India.

Methodology: The purpose was to analyze the contribution of NSNIS towards improvement of performance sports in India. Generally, in case studies, different methods like interview, observation and visitation etc. are used with tools like checklist, questionnaire etc. In present study the methods of interview, observation and visitation were followed used. For collecting information questionnaire was also applied.

Results: The result of the study showed that a positive contribution of this institution towards improvement of performance sports in India.

Conclusions: The findings of the study will help to know present coach's education status in India. Since its beginning the National Institute of Sports of India has produced a good number of scientifically trained coaches for different games and sports for identifying and nurturing sports talents at different parts of the country. The National Institute of Sports has organized various training and coaching camps very successfully for future athletes and selected National teams for International Competitions and thus helped to improve the standard of performance sports of the country.

Key Words: Performance Sports, Coaching Education, Netaji Subhas National Institute of Sports.