

**BACHELOR OF ARTS EXAMINATION, 2024**

( 1st Year, 2nd Semester, Old )

**PSYCHOLOGICAL ASPECT OF PHYSICAL EDUCATION**

**PAPER - UG/GE/2.12**

Time : 2 hours

Full Marks : 30

**A.** Answer *any two* questions of the following: 2×10=20

1. Define Psychology? Briefly explain the psychological factors which are affecting the sports performance. 2+8=10
2. Who is known as the father of Sports Psychology? What do you mean by Sports Psychology? Explain the importance of sports psychology in the field of Sports and Physical Education. 1+3+7=10
3. Define socialization. What are the social advantages a student can gain by participating in sports on a regular basis? 2+8=10

**B.** Write a short note (*any two*): 2×5=10

4. Socialization through Sports
5. Impact of Sports on Society
6. Branches of Psychology
7. Importance of Sports in General Education.