

Bachelor of Physical Education Examination - 2025

Department of Physical Education

2nd Year, 2nd Semester

Subject Code: CC-401

Measurement and Evaluation in Physical Education

Time: Three Hours

Full Marks: 70

Mention the Question number clearly before writing the answer.

GROUP: - A

Answer **any three** questions:

15×3=45

1. Differentiate between 'Test' and 'Measurement' with suitable examples. Discuss the Need and Importance of Test, Measurement & Evaluation in Physical Education 6+9=15
2. Define Test Administration and discuss after test duties of the test administrators. Describe the criteria of a good test with suitable examples from physical education and sports. 5+10=15
3. Elaborate in detail the criteria of a good test with examples from Physical Education and Sports. 15
4. Describe the components of motor fitness? Mention the different standard tests to measure such components. Explain the administrative procedure of AAHPER Youth Fitness Test. 4+3+8=15
5. Differentiate Motor Fitness test, and Sports Skill Test. Explain the various steps for administration of Russel-Lange Volleyball Test and Lockhart and McPherson Badminton Test. 3+6+6=15

Group - B

Write short notes (**any two**)

7.5×2=15

6. Harvard Step test
7. AAHPERD Health Related Physical Fitness Test
8. Indiana Motor Fitness Test
9. Evaluation and it's Principles

GROUP: - C

10. Write the correct option (**any ten**): 1×10=10

- (i).does not fall under pretest administration method.
- The test must not be kept on' any national holiday
 - Sanitation and water facility must be checked
 - The attendance of all the candidates must be taken
 - Light should not be in line with eye levels of the candidates
- (ii).physiological factor is recorded after completing the Harvard Step Test.
- Blood pressure
 - Heart rate recovery
 - Oxygen saturation
 - Muscle fatigue
- (iii). Changing of direction without breaking speed is called....
- Agility
 - Flexibility
 - Co-ordination
 - Speed.
- (iv). Match the following:
- | | | |
|-----------------------|---|----------------------|
| I. Practicability | - | A. Validity |
| II. Honesty | - | B. Understandability |
| III. Trustworthy | - | C. Reliability |
| IV. Comprehensibility | - | D. Feasibility |

Codes:

- | | I | II | III | IV |
|----|---|----|-----|----|
| a. | D | A | C | B |
| b. | C | D | B | A |
| c. | D | A | B | C |
| d. | A | D | B | C |

- (v).are components of JCR test.
- | | |
|------------------------------------|-------------------------------|
| a. vertical jump and sit and reach | b. sit and reach and chin ups |
| c. chin up and shuttle run | d. huttle run and 50m dash |
- (vi). In Lockhart and Mc Pherson Badminton Skill Test the restraining line is.....feet away from the base of the wall.
- | | |
|----------|----------|
| a) 2feet | b) 3feet |
| c) 5feet | d) 6feet |
- (vii).and.....are skill related components of physical fitness.
- | | |
|----------------------------------|-------------------------------|
| a. Coordination and Balance | b. Speed and Flexibility |
| c. Strength and Body Composition | d. Speed and Body Composition |
- (viii). If the height of an individual is 170 cm and weight is 80 kg so BMI will be:
- | | |
|----------------------------|----------------------------|
| a. 28.5 kg/m ² | b. 25.45 kg/m ² |
| c. 27.70 kg/m ² | d. 26.60 kg/m ² |
- ix. Assessments of strength is done with the help of.....
- | | |
|----------------|-----------------|
| a. Dynamometer | b) Sensitometer |
| c) Goniometer | d) Tensiometer |
- x.is not a gross motor skill.
- | | |
|------------|-------------|
| a. cycling | b. swimming |
| c. writing | d. running |
- xi. Johnson Basketball Test was introduced in.....
- | | |
|---------|------------------|
| a. 1934 | b. 1932 |
| c. 1936 | d. None of these |
- xii. Intellectual skills are generally reflected by domain
- | | |
|--------------|----------------------|
| a. Affective | b. Psychomotor |
| c. Cognitive | d. None of the above |
